

## **ESRS Examination in Sleep Medicine**

Please find below some information and instructions on the application process.

The European Sleep Research Society (ESRS) Board is pleased to announce the first examination of the certification in sleep medicine, which will take place on

**Tuesday, 4 September 2012 from 17.00 - 18.15**

at the 21<sup>st</sup> Congress of the European Sleep Research Society in Paris.

The examination will be a written test consisting of 50 multiple-choice questions to be completed on site. Cut-off for successfully pass the examination is 50% of correct answers.

Since to date no formal training in an ESRS accredited sleep medicine centre is possible, the first examination will be directed exclusively at “grandfathers”. “Grandfathering” is a procedure, which applies to professionals with wide experience in sleep medicine and research. It is envisioned by the ESRS that the “grandfathers” in this context may take the lead in future European and National activities to promote sleep medicine professionals.

Doctors, Physicians and Psychologists that wish to take the examination should normally have completed:

(Please prepare the mentioned documents before starting with the application)

- University degree in medicine, sciences or psychology (*please enclose copy of degree*)
- PhD or equivalent (*please enclose copy*)
- Activity in sleep medicine and/or research for at least 10 years proven by records (*please enclose a CV containing a detailed synopses of activity*)
- Demonstrated leadership and national/international recognition in sleep medicine (*please complement your CV with following additional information if available:*
  - *Head of a Sleep Group (at university and/or hospital)*
  - *Organiser of Sleep Conferences /Symposia (national/international)*
  - *Membership of National Sleep Society Board or ESRS Board*
  - *Invited plenary lecturer (at national/international sleep meetings)*
  - *Editorial Board of a Sleep Journal*
  - *Publication list*

In addition applicants should:

- Provide names and contact details of 2 referees, preferably from another European country
- Be a current ESRS member
- Pay the examination fee

Other candidates that feel they may fulfil the eligibility criteria please contact [mariafranca.tassielli@congrex.com](mailto:mariafranca.tassielli@congrex.com) .

The successful candidates will be conferred the ESRS qualification title of “**Somnologist**” with following specifications:

- ➔ Somnologist – in sleep medicine
- ➔ Somnologist – in behavioural sleep medicine
- ➔ Somnologist – scientist
- ➔ Somnologist – technologist (certification will only be available with second examination round in 2014)

The examination fee is € 250.- (included is a non-refundable € 30.- administration fee, payable at submission of application).

Application will close on 1 April 2012.

You will be notified about acceptance of your application by 31 May 2012.

**Please proceed here to the [online application](#) for the examination**