

NEWSLETTER

August 2016





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AN UPDATE ON THE ESRS 2016 CONGRESS IN BOLOGNA



With already more than 1,500 registered participants from 60 different countries, this year's congress promises a record in participant numbers (final numbers in 2010/2012/2014: 1560/1404/1568 participants). Registration is still possible, and we encourage everyone to take advantage of this great opportunity for learning about the latest research results on sleep research and sleep medicine.

The scientific programme includes 5 teaching courses, symposia, video sessions, round tables and case discussions as well as oral and poster presentations. The detailed scientific programme can be found at the congress website www.esrs-congress.eu.

Participants will not only benefit from scientific exchange during the formal activities and informal meetings with international colleagues from different backgrounds but will also have the chance to explore the city of Bologna and experience the Italian lifestyle or "la dolce vita."

The best opportunity to do so is the Networking Get-Together, which will take place at Palazzo Isolani, one of the most beautiful and important historical buildings in the city centre of Bologna. The Local Organising Committee was able to book this historic and richly decorated palace for a great evening with Italian snacks and drinks. Don't miss this unique occasion, so book your ticket now at www.esrs-congress.eu.



AGENDA OF THE ESRS BUSINESS MEETING

Date: 15 September 2016, 18:00 – 20:00

Venue: Lecture Hall B, Palazzo della Cultura e dei Congressi, Bologna, Italy

1. Opening by the President of the ESRS
2. Determination of the Election Assistance
3. Acceptance of the Minutes of the Previous Business Meeting
4. Report of the Activities of the ESRS
5. Report of the Treasurer
6. Discharge of the Board
7. Election of the Members of the Board of Officers
8. Election of the Scientific Committee
9. ESRS Congress 2020 (Proposal and Voting)
10. Miscellaneous (Results of election)



REMINDER: CALL FOR NOMINATIONS TO THE ESRS BOARD AND SCIENTIFIC COMMITTEE

In the course of the upcoming Business Meeting at the ESRS congress in Bologna, 15 September 2016, new members for the Board and the Scientific Committee will need to be elected.

Nominations to the ESRS Board

According to the bylaws, members of the ESRS Board are elected for a period of two years, and only one additional two-year renewal in a particular position is possible, with the exception of the Treasurer position, which can be renewed without limitation. Two of the six current ESRS Board members (that is, the President and the Vice-President Clinical) were re-elected in 2014, while the Vice-President Basic, the Secretary and the Assistant-Secretary were newly elected. The current Treasurer decided to step down. In addition, since 2006, a representative of the ANSS is a regular member of the Board as an ex officio member.

Hence, the following positions must be filled in any case:

President
Vice-President Clinical
Treasurer

The Board asks you to become active, to meet and discuss with your colleagues and to help ensure the development of the ESRS by nominating dedicated colleagues best suited for the successful future of our society. The Board is looking forward to receiving nominations from the membership no later than **August 31, 2016**. Publication of the list of the candidates will be included in the newsletter distributed one week prior the Business Meeting at the Bologna congress.

All ESRS members are invited to nominate candidates for the Board positions according to the following rules established by the bylaws:

- both the proposer and the candidate must be regular ESRS members in standing order
- he/she should have his/her residence in a European country or in Israel
- re-election after 2 two-year terms (i.e. after 4 years) in a particular position is not possible, except for the Treasurer.

Any nominations for the Board should include a short accompanying letter specifying:

- name, title, position, institute, department, nationality, address, phone, fax, and email of the nominated candidate
- name and affiliation of the nominator

- expertise (basic animal, basic human, or human clinical) and field(s) of interest (2-5 key words) of the candidate
- previous activities of the candidate in the ESRS
- acceptance in writing that the candidate agrees to be nominated (an acceptance email from the candidate to the secretary is valid)
- a statement for which position of the Board the person is being nominated
- a short curriculum with information relevant to the particular position on the ESRS Board.

This information will be published in the early September ESRS newsletter.

Your proposal should be received by the secretary of the ESRS, Lino Nobili (secretary@esrs.eu), no later than **August 31, 2016**. We encourage you to send any nominations by email and, in order to ensure its reception, request a confirmation. Note that no further nominations shall be accepted after this date.

Nominations to the Scientific Committee

The composition of the present Scientific Committee is:

Tom de Boer (Basic Animal)	since 2012, renewed 2014
Renata Riha (Clinical)	since 2012, renewed 2014
John Axelsson (Basic Human and Clinical)	since 2012, renewed 2014
Gianluca Ficca (Basic Human)	since 2014
Birgit Högl (Human Clinical)	since 2014
Poul Jennum (Basic Human and Human Clinical)	since 2014
Mayumi Kimura (Basic Animal)	since 2012, renewed 2014
Gilles Vandewalle (Basic Human)	since 2014
Raphaelle Winsky-Sommerer (Basic Animal)	since 2014

The members of the Scientific Committee are elected for 2 years and can be re-elected for an additional two-year term. Thus, we need to elect 4 new members of the Scientific Committee during the upcoming business Meeting in September 2016, whereas 5 members can be re-elected.

The main task of the Scientific Committee is to help the Board with the scientific organization of the ESRS congresses. In practice, this means that the Scientific Committee advises the Board on the selection of the symposia, and on the selection of the poster and oral presentations after reviewing the submitted abstracts. Note that since sleep is a very broad field, it is necessary that the Scientific Committee represents a wide range of expertise covering all main areas of sleep research and sleep medicine.

Like being a member of the ESRS Board, being a member of the Scientific Committee is not a small task. The selection of abstracts and assessment of symposia, in particular, constitutes a major task that requires hard work under time pressure.

Nominations for the Scientific Committee should include:

- name, title, position, institute, department, nationality, address, phone, fax and email of the candidate
- name and affiliation of the nominator

- expertise (basic animal, basic human or human clinical) and field of interest (2-5 key words) of the candidate
- acceptance, in writing, that the candidate agrees to be nominated.

Your proposal should be received by the secretary of the ESRS, Lino Nobili (secretary@esrs.eu), no later than **August 31, 2016**. We encourage you to send any nominations by email and, in order to ensure its reception, request a confirmation. Note that no further nominations shall be accepted after this date.



ESRS 2016 FOOTBALL MATCH, BOLOGNA

Dear ESRS Members,

As a tradition of the ESRS congresses, the **football match** will take place in Bologna on **Wednesday, September 14th, at 20.30h**.

The football field (**green synthetic grass**) is within **walking distance** (12 min) from the Congress venue.



Due to my role in the organization of the Congress, but, mostly, to my well-established expertise in the last 28 years as either a player or a coach, I have been put in charge of advertising the event and to start recruiting players, who can freely decide to play for the **"North"** or for the **"South"** teams, according to their feeling of belonging to the North or the South of Europe (... or of the World).

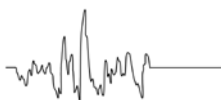
Thus, I ask those who are interested in participating in this great event, as either a player or a supporter, **to send your reply to roberto.amici@unibo.it** with a copy to stefano.bastianini3@unibo.it. Players are also kindly asked to indicate their preferred team.

We are also looking for a couple of **"reliable" referees**. Any volunteers?

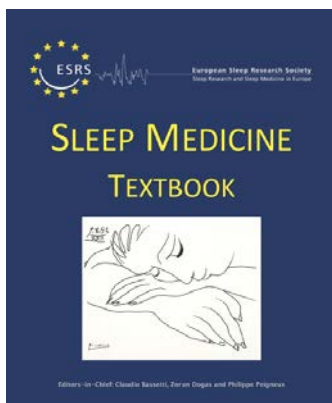
Looking forward to meeting you soon in Bologna.

Best regards,

Roberto Amici
Local Chair



SLEEP MEDICINE TEXTBOOK



Editors: Claudio Bassetti, Zoran Dogas, Philippe Peigneux

Publisher: European Sleep Research Society (ESRS)

Regensburg, 2014

ISBN: 9781119038931

The Sleep Medicine Textbook provides comprehensive, all-in-one educational material (550 pages) structured around the [Catalogue of knowledge and skills for sleep medicine](#) (Penzel et al. 2014, [Journal of Sleep Research](#)). Written by experts in the field and published by the ESRS, it provides a European approach to sleep medicine education, and represents the knowledge base for the ESRS-endorsed sleep medicine examinations.

Endorsed by ERS

Download free sample chapter: [B.1. Classification of sleep disorders](#)

ESRS Members* ESRS Early Career Research Network (ECRN) Non-Members**

Price per copy	€ 140	€ 120	€ 155
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* As a courtesy of ESRS, members of the [Associate National Sleep Societies](#) (ANSS), the [European Biological Rhythms Society](#) (EBRS) and the [European Respiratory Society](#) (ERS) benefit from the reduced price.

** ECRN members benefit from the student price (see conditions).

BOOK ORDER

Fax/ email this form to Maria Wiechmann (ESRS Office) +49 941 29080975 / maria.wiechmann@esrs.eu

I hereby order _____ copy/ copies of the

Sleep Medicine Textbook (Editors: Claudio Bassetti, Zoran Dogas, Philippe Peigneux) at copy price

€ 140 (ESRS, ANSS, EBRS and ERS members) € 120 (ECRN members) € 155 (non-members)

I am a member of:

ESRS ANSS* EBRS* ERS*

* Please include a membership certificate.

ESRS-ECRN **

** Reduced price for ESRS members during studentship and 5 years after having received a degree as PhD or MD. Please include appropriate certificates.

Payment method

Master Card Am. Exp. Visa Diners Bank Transfer

Credit cards: will be debited at the time of expedition only

PayPal option: a link will be sent to your email address to go the PayPal webpage and proceed to payment

Delivery costs (to be added to the net price):

€ 8,90 (inside Europe*) € 15,90 (outside Europe)

€ 13,99 (with [shipment tracking](#) inside Europe*) € 28,99 (with [shipment tracking](#) outside Europe)

* Austria, Belgium, Bulgaria, Croatia, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Greece, Hungary, Ireland, Italy, Latvia, Lithuania, Luxembourg, Malta, Monaco, Poland, Portugal, Rumania, Slovakia, Slovenia, Spain, Sweden, The Netherlands, UK

Card No. _____

Date of expiration _____

Date: _____ Signature: _____

Name in block letters: _____

Email address: _____

The book should be sent to the following address:



ESRS EVENTS

23rd Congress of the European Sleep Research Society

Date: September 13 – 16, 2016
 Venue: Bologna, Italy
 Website: www.esrs-congress.eu/esrs2016



Sleep and Breathing 2017

The fourth international conference organised by the European Respiratory Society (ERS) and the European Sleep Research Society (ESRS)

Date: April 6 – 8, 2017
 Venue: Marseille, France
 Website: www.sleepandbreathing.org/

Key dates:

23 August 2016: Registration opens
 20 January 2017: Early bird deadline
 Late August 2016: Abstract submissions open
 7 November 2016: Abstract submissions deadline





OTHER TRAININGS AND COURSES

Interdisciplinary Late-Summer School on Non-Invasive Brain Stimulation

Date: October 12 - 16, 2016

Venue: Freiburg, Germany

Flyer: www.esrs.eu/uploads/tx_mnmesrscal/FlyerNIBS2016.pdf

Website: www.uniklinik-freiburg.de/fbi/meetings-and-education/nibs2016.html

INTERDISCIPLINARY LATE-SUMMER SCHOOL ON NON-INVASIVE BRAIN STIMULATION

12.10. - 16.10.2016



UNIVERSITÄTS
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EVENTS OF AFFILIATED NATIONAL SLEEP SOCIETIES

24th Annual Meeting of the German Sleep Society

Date: December 1 - 3, 2016

Venue: Dresden, Germany

Website: www.dgsm-kongress.de/

Main topic: Sleep medicine – Crossing borders and innovation



FUTURE MEETINGS

Chinese University of Hong Kong (CUHK) Sleep 2016 Conference

Date: October 12 - 16, 2016
Venue: Hong Kong, China
Website: www.pae.cuhk.edu.hk/SLEEP2016/index.html

Society for Neuroscience (SfN): 46th Annual Meeting 2016

Date: November 12 - 16, 2016
Venue: San Diego, CA, U.S.A.
Website: www.sfn.org/annual-meeting/neuroscience-2016

XV European Biological Rhythms Society Congress

Date: July 30 – August 3, 2017
Venue: Amsterdam, The Netherlands
Flyer: www.esrs.eu/.../Henk-EBRSC12new.pdf
Website: www.nin-meeting.nl/



World Sleep 2017

Joint congress of the World Sleep Federation (WSF) and the World Association of Sleep Medicine (WASM)

Hosted by the Czech Sleep Research and Sleep Medicine Society

Date: October 7 - 11, 2017
Venue: Prague, Czech Republic
Website: www.worldsleepcongress.com/



NEW MEMBERS

The Society welcomes the following new members:

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JOB OPPORTUNITIES

Job opportunities can be accessed through the ESRS website at:

www.esrs.eu/education-career/job-opportunities.html

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