Congress venue

Nordic Sleep Congress 2017 will be held in Original Sokos Hotel Viru, in the very heart of Tallinn city.

Original Sokos Hotel Viru is a legendary landmark that includes conference and banquet centre, which boasts 11 brightly-lit halls, over 500m2 of exhibition and entertainment space and fine-dining restaurant for Congress delegates. In-house entertainment options include the KGB Museum Tour, ‘show & dinner’ nights, a wine-tasting school and more.

Under the same roof the unique, new, story-themed Solo Sokos Hotel Estoria will offer excellent additional accommodation.

Destination

A blend of Old and New, Medieval and Modern Estonia is a Fresh Destination

Estonia is a fast-growing destination where the number of international conferences held each year has risen sharply. Estonian capital Tallinn is the best preserved medieval city in Northern Europe. The wealth of architecture in Tallinn means that there are many legends and stories to explore. We promise to include both medieval and modern to the short excursions of the Congress to give you a glimpse of what Tallinn is today.

Lonely Planet’s best value destination

Estonia is Lonely Planet’s best value destination in the world in 2016. Travelers around the globe find that Estonia is up and coming foodie destination, offers many great possibilities to reconnect with nature and should be in your destination list whatever your theme is — nature, historical, modern ‘n’ hip. We promise to prepare an exciting excursion program for the delegates to see some amazing destinations and experience life outside the capital.

Accommodation

Congress secretariat has agreed special prices for Nordic Sleep Congress 2017 delegates in different hotels to meet both quality and price expectations of delegates. Accommodation options with pre-booking possibilities will be available on the Congress homepage from 1 October, 2017.

Gala dinner of the Congress will be held in the Estonian Maritime Museum located in the old Seaplane Harbour.
Dear Colleagues,

On behalf of the Nordic Sleep Society and the Local Organising Committee, it is our pleasure to invite you to the 17th Nordic Sleep Conference jointly organised by the Congress of the Estonian Sleep Medicine Association, which will be held in Tallinn, Estonia, from 24-26 May 2017.

The program will be assembled by Nordic experts and will contain news in basic sleep science, hot topics in clinical sleep medicine, as well as several courses to meet multiple educational needs in sleep (scientists, physicians, psychologists, nurses/technicians, dentists). This congress will give you a great opportunity to keep in touch with your Nordic colleagues and develop your clinical and scientific network at a short distance from your daily practice.

Tallinn has the crisp and noble atmosphere and is known for its superbly preserved medieval city centre, listed as a UNESCO World Heritage Site. The city has a rich cultural scene, beautiful surroundings and plenty of galleries, cafes and restaurants of many kinds to welcome the visitors.

An active social programme will feature the Opening Ceremony and a grand Gala Dinner in the Seaplane Harbour of the Maritime Museum.

We are proud to host the congress in Estonia, where sleep medicine and sleep research is developing at a fast pace. We are particularly happy that the representatives of Nordic sleep societies have accepted us. May is usually an attractive month to explore and enjoy the beauty and hospitality of Tallinn and our small country.

We are looking forward to warmly welcome you to Estonia.

Erve Sõõru
President
Estonian Sleep Medicine Association
Chairman of the Organising Committee

Important deadlines

Registration and abstract submission will be open on 2 January, 2017
Abstract submission deadline 3 March 2017
Early registration deadline 26 March 2017

Congress fees

Early registration from 2 January until 26 March, 2017
Regular fee 350 EUR
doctors, dentists, psychologists, researchers etc
Nurses fee 270 EUR
nurses, BMA, dental assistants etc
Students fee 250 EUR
medical students, PhD students, residents

Late registration from 27 March until 27 April, 2017
Regular fee 420 EUR
doctors, dentists, psychologists, researchers etc
Nurses fee 350 EUR
nurses, BMA, dental assistants etc
Students fee 310 EUR
medical students, PhD students, residents

From 28 April, 2017 on-site fees apply
Regular fee 450 EUR
doctors, dentists, psychologists, researchers etc
Nurses fee 380 EUR
nurses, BMA, dental assistants etc
Students fee 330 EUR
medical students, PhD students, residents

Scientific Committee of the Nordic Sleep Conference 2017
Erna Sif Arnardottir (IS)
Erla Björnsdottir (IS)
Morten Engström (NO)
Ludger Grote (SE)
Tuuliki Hion (EE)
Poul Jürgen Jennum (DK)
Göran Kecklund (SE)
Karoline Lode (NO)
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Tarja Saaresranta (FI)
Katrin Sonn (EE)
Marielle Zoetmulder (DK)

Local Organizing Committee of the Nordic Sleep Conference 2017
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