

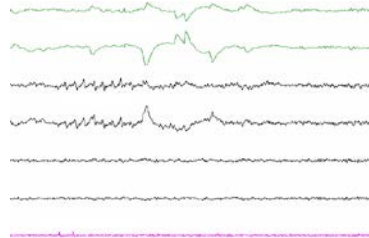
Sleep Consultancy Ltd

Edinburgh Paediatric PSG Course 19th - 20th January 2018

Venue: Edinburgh Training and Conference Venue
16 St. Mary's Street, Edinburgh, EH1 1SU

CPD points: 12 CPD points awarded

Speakers: Andrew Morley
Dr Don Urquhart
Dr Lizzie Hill
Dr Renata Riha
Donna Fairley



Content:

This 2-day course will focus on the understanding and evaluation of the principles and practice of polysomnography and sleep medicine in children and adolescents

Learning objectives:

- The basics of Paediatric Sleep
- Setting up for polysomnography
- Understanding sleep staging in the newborn
- Understanding the differences between paediatric and adult sleep
- Transitional staging
- Adolescent issues and behavioural strategies

Programme

Day 1: Friday

- 9.00am Welcome & introduction
- 9.10am Fundamental differences between paediatric and adult sleep
- 10.00am Head wiring: practical demonstration
- 11.15am Coffee
- 11:30am Setting-up cardiopulmonary and PSG studies
+ hands on
- 12.45pm Lunch
- 1.30pm Sleep disordered breathing in children
- 2.30pm Central apnoeas: normal or abnormal?
- 3.00pm Scoring cardiopulmonary studies in children
- 5.00pm Close

www.sleepconsultancyLtd.co.uk

Programme

Day 2: Saturday

9.00am	Infant rules
09:30	PSG in children: sleep stages and examples
10:30am	What do we do about artefact?
11:00am	Coffee
11:15	PSG Scoring practice
1pm	Lunch
1:45pm	Narcolepsy in children
2:15 pm	The MSLT in children
2.45pm	Coffee
3.00pm	Parasomnia case studies in children
3.30pm	Further Scoring practice [Mixed PSG, MSLT, CPSS]
5.00pm	Close

www.sleepconsultancytd.co.uk