Edinburgh Paediatric PSG Course
19th - 20th January 2018

Venue: Edinburgh Training and Conference Venue
16 St. Mary’s Street, Edinburgh, EH1 1SU

CPD points: 12 CPD points awarded

Speakers:
Andrew Morley
Dr Don Urquhart
Dr Lizzie Hill
Dr Renata Riha
Donna Fairley

Content:
This 2-day course will focus on the understanding and evaluation of the principles and practice of polysomnography and sleep medicine in children and adolescents

Learning objectives:
- The basics of Paediatric Sleep
- Setting up for polysomnography
- Understanding sleep staging in the newborn
- Understanding the differences between paediatric and adult sleep
- Transitional staging
- Adolescent issues and behavioural strategies
Programme

Day 1: Friday

9.00am  Welcome & introduction

9.10am  Fundamental differences between paediatric and adult sleep

10.00am Head wiring: practical demonstration

11.15am Coffee

11:30am Setting-up cardiopulmonary and PSG studies
  + hands on

12.45pm Lunch

1.30pm Sleep disordered breathing in children

2.30pm Central apnoeas: normal or abnormal?

3.00pm Scoring cardiopulmonary studies in children

5.00pm Close

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Programme

Day 2: Saturday

9.00am  Infant rules
09:30    PSG in children: sleep stages and examples
10:30am  What do we do about artefact?
11:00am  Coffee
11:15    PSG Scoring practice
1pm      Lunch
1:45pm   Narcolepsy in children
2:15 pm  The MSLT in children
2.45pm   Coffee
3.00pm   Parasomnia case studies in children
3.30pm   Further Scoring practice [Mixed PSG, MSLT, CPSS]
5.00pm   Close

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