I enclose a cheque for £ made payable to The Royal Society of Medicine

TO PAY BY CREDIT OR DEBIT CARD PLEASE BOOK ONLINE AT:
Book online: www.rsm.ac.uk/events/slf02
Email: sleep.disorders@rsm.ac.uk
Tel: +44 (0)20 7230 3942
Fax: +44 (0)20 7230 2989

To register online scan this QR code using your smartphone. You will need a QR code reader app which can be downloaded from an app store.

Please return your form by Wednesday 11 February 2015:
Postal bookings, Academic Department
The Royal Society of Medicine
1 Wimpole Street
London W1G 0AE

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After providing payment you have 48 hours to cancel by letter, fax or email and receive a full refund providing there are at least 4 working days to the meeting. Refunds on cancellations after 48 hours will be given only to fees over £10 and will incur a 15% administration charge. No refund can be given on cancellations made less than 4 working days of the meeting. Please are guaranteed only upon written confirmation. Acceptance to the meeting is at the discretion of the organiser. If pre-payment has not been made by the date of the event, the organiser reserves the right to refuse admission.

If you requested to be invoiced for the event, you will be asked to provide credit card details on the day if payment has not been received. Your card will be charged if payment is not received within 5 working days. Concession rates such as student rates or advisory rates are only available to full-time students and a proof of eligibility must be sent at any time. Failure to provide it will result in the delegate being charged the most expensive rate for that event. Delegates substitutions are possible up to 6 days prior to the event and free of charge. However, when the substitution entails changing to a different event, a 15% admin charge will incur and if the event fee is different the delegate will incur the extra charge. Registrations will not be accepted over the telephone. If parking is not provided, any special dietary requirements are required at least four working days before the event.

If you request different catering on the day you will be charged £10 plus the cost of the meal and your meal could be delayed. The RSM accepts no legal responsibility for the facts stated or opinions expressed during events and that it is the responsibility of any person to satisfy himself as to which parts of those facts and opinions should be relied on in any way whatsoever. In the event the RSM cancels the meeting, our liability will be limited to reimbursement fees already paid to the Society for the meeting. When a meeting is jointly organised with an external partner, your data might be passed on to them unless you set out by ticking the relevant box on the booking form. Terms and conditions correct at time of printing and we reserve the right to amend these.
Sleep disorders in children and adolescents
Wednesday 18 February 2015

Aims
This meeting aims to give an update on sleep disorders encountered in children and adolescents and their recognition and treatment.

Specific objectives, framed as learning outcomes, are:
• To understand the normal development of sleep across childhood
• To be aware of the range of sleep disorders that can affect children and adolescents, and how they present
• To understand how to assess sleep disorders in children and adolescents, and how these disorders are investigated
• To learn about the pathophysiology and consequences of these sleep disorders
• To understand the most current treatments for sleep disorders in children and adolescents

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker(s)</th>
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</thead>
<tbody>
<tr>
<td>9.00 am</td>
<td>Registration, tea and coffee</td>
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<tr>
<td>9.30 am</td>
<td>Introduction</td>
<td>Dr Chris Iwakowski, President, Sleep Medicine Section, RSM</td>
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<tr>
<td>9.40 am</td>
<td>Normal sleep, sleep through childhood and overview of sleep disorders</td>
<td>Professor Paul Gringras, Professor of Children’s Sleep Medicine and Neurodisability, Guy’s and St Thomas’ Hospital</td>
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<tr>
<td>10.25 am</td>
<td>Parasomnias</td>
<td>Professor Oliviero Bruni, Sapienza University, Rome and President, International Paediatric Sleep Association</td>
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<td>11.10 am</td>
<td>Tea and coffee break</td>
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<tr>
<td>11.30 am</td>
<td>Sleep apnoea in children</td>
<td>Dr François Abel, Consultant Respiratory Paediatrician, Great Ormond St Hospital</td>
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<tr>
<td>12.15 pm</td>
<td>Circadian disorders</td>
<td>Dr Michael Farquhar, Consultant in Children’s Sleep Medicine, Guy’s and St Thomas’ Hospital</td>
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<tr>
<td>1.00 pm</td>
<td>Lunch</td>
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<tr>
<td>2.00 pm</td>
<td>Insomnia</td>
<td>Dr Luci Wiggs, Reader in Psychology, Oxford Brookes University</td>
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<tr>
<td>2.45 pm</td>
<td>Teaching sleep and special populations</td>
<td>Ms Jane Ansell, Chief Executive, Sleep Scotland and TEENS+, Edinburgh</td>
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<tr>
<td>3.30 pm</td>
<td>Tea and coffee break</td>
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<tr>
<td>3.50 pm</td>
<td>Assessing and investigating sleep in children</td>
<td>Dr Michael Farquhar</td>
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<tr>
<td>4.35 pm</td>
<td>Panel discussion</td>
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<td>4.55 pm</td>
<td>Completion of evaluation forms</td>
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<tr>
<td>5.00 pm</td>
<td>Close of meeting</td>
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</table>

Registration form
Please complete this form or register online:
www.rsm.ac.uk/events/sif02

Sleep disorders in children and adolescents
Wednesday 18 February 2015

Name (title, forename, surname)

Present appointment and institute

GMC No (for those requiring approval)

Address (or RSM Membership No)

Postcode

Daytime tel.

Email Address

Please state any dietary or special requirements

Male [ ] Female [ ]

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