The Hungarian Sleep Society and Philips Respironics are hosting the

6th Central European Advanced Sleep Training Course

June 24th – June 28th 2013, Budapest

TENTATIVE PROGRAM

Course objective:
The aim of this course is to train participants on how to perform a full Polysomnography with sleep staging and initiate positive airway pressure / non-invasive ventilation treatment for patients with different types of sleep disordered breathing including complex SA and Cheyne-Stokes. The training will contain mainly practical sessions with supporting theory based presentations and discussions.

Requirements:
Participants should have basic experience in sleep medicine including use of Polygraphy and Auto CPAP titration.

Tentative Agenda:
Monday: INTRODUCTION
  12:00  Opening of the training course
  13:00-14:00  Lunch in hospital
  14:00-16:00  How is a Sleep Lab organized?
  16:00-17:00  Creating patient report for health insurance
  19:00  Welcome dinner

Tuesday: POLYSOMNOGRAPHY
  10:00-13:00  Sleep staging
  13:00-14:00  Lunch in hospital
  14:00-17:00  Scoring pathological breathing and movement events
  17:00-19:00  Break
  19:00-22:00  Polysomnography setup in the sleep lab

Wednesday: TITRATION
  10:00-11:00  MSLT-MWT in the lab
  11:00-13:00  Interpretation of complex sleep diagnostic results
  13:00-14:00  Lunch in hospital
  14:00-17:00  Titration of CPAP, BiPAP, NIV, and AutoSV devices
  17:00-19:00  Break
  19:00-22:00  CPAP/BPAP titration and NIV & ASV setting

Thursday: COMPLIANCE
  10:00-11:00  How to maximize compliance to PAP Therapy
  11:00-13:00  Troubleshooting
  13:00-14:00  Lunch in hospital
  14:00-17:00  Database system and communication in the lab
  19:00  Closing dinner

Friday: EXAMINATION
  10:00-12:00  Practical examination
  12:00  Closing of the training course
**Getting there:**
The training will take place at: We will reserve this hotel for you from Mon-Fri:
HM Állami Egészségügyi Központ (ÁEK) Sleep lab ibis Budapest Heroes Square
Ministry of Defense State Healthcare Center Dózsa György út 106
Róbert Károly krt. 44 H-1068 Budapest, Hungary
1134 Budapest, Hungary Tel: (+36) 1 269 53 00

You will be picked up in the hotel on Monday June 24th at 11:40 to walk over to the hospital (less than 15 minute walk). If you arrive by car, you will be able to park at the hotel. If you arrive by plane, you can take the Főtaxi taxi or the Airport minibus [www.airportshuttle.hu](http://www.airportshuttle.hu) to the hotel. The airport transfer is on your own cost.

**Ground Rules:**
We will cover the cost of the hotel stay including breakfasts and lunches from Monday to Friday, and 2 dinners.

Direct cost to individuals:
1. Outside Activities not Sponsored by Philips Respironics
2. Room service
3. Mini Bar
4. Gift Shop / Pro Shop Purchases
5. Rental Car
6. Restaurant and bar charges outside of official functions

For any further questions please feel free to contact Claire de Lacvivier (mobile: +33 603 163 019 or email: claire.de_lacvivier@philips.com).

Best Regards,

Dr. Zoltán Szakács, PhD
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