

NEWSLETTER

December 2010





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LETTER FROM THE PRESIDENT

Dear ESRS Members, dear Colleagues, dear Friends

ESRS Meetings

ESRS Meeting 2010 in Lisbon

The meeting was a great success in terms of attendance and scientific/teaching contents. A record of 943 abstracts were received (843 in Glasgow 2008). The high attendance of Glasgow 2008 (1430 delegates) was exceeded with a total number of delegates of 1552 (the highest in the history of the society).

The financial revenues of the meeting are expected to be also very good, possibly the highest in the history of ESRS (the final accounts will be available in the next few weeks). The highlights of the meeting included the European Sleep Science award ceremony (the prize was given to Michel Jouvet), the four key-note lectures, the young scientists symposium, the symposia of the ESRS with the European Neurological Society, European Biological Rhythms Society, Portuguese and Chinese Sleep Societies, and the four European Sleep Research Networks sessions.

The great work of Julia Bicher and her team of Congrex, local organizers (Teresa Paiva, Marta Gonçalves), ESRS board, and ESRS scientific committee must be acknowledged.

ESRS-ERS Meeting 2011 on Sleep and Breathing in Prague

The programme of this joint ESRS-ERS teaching and scientific event was successfully finalized, about 100 abstracts were received, and the on-line registration is now active (<http://www.sleepandbreathing.org>). The novelty of this event and the quality of the selected topics/speakers is expected to attract respiratory and non-respiratory physicians and scientists to this world-wide unique forum.

ESRS Meetings 2012 in Versailles/Paris

The preparations for the meeting in France (which will coincide with the 40th birthday of our society) are advancing well. Preliminary information and a first announcement are available (<http://www.congrex.ch/esrs2012>). A meeting between the boards of the French society and the ESRS is planned for spring 2011 in Prague.

ESRS Meeting 2014 in Tallinn

Tallinn was chosen by the great majority of the members attending the business meeting in Lisboa as the venue of the ESRS 2014 congress. A recent second visit of the PCO of the society and members of the ESRS board confirmed the appropriateness of the facilities chosen to host the event.

ESRS Committees

The ESRS Sleep Medicine Committee (chaired by Dirk Pervernagie) is finalizing a “catalogue of knowledge” which will constitute the base of the ESRS Sleep Medicine fellowship. The next step will be to define this fellowship and select ESRS sleep medicine training centres all over Europe.

The ESRS Sleep Research Committee (chaired by Debra Skene) has created a web page through which Sleep Research Laboratories in Europe will be identified and characterized. The next step will be to select ESRS sleep research training centres all over Europe.

The ESRS Scientific Committee (chaired by Colin Espie) is currently discussing with the board the modalities to further increase of its involvement in the scientific activities of the society.

Journal of Sleep Research

Since spring 2010 JSR has Derk-Jan Dijk as a new Chief editor. Planned actions for 2011 include the increase in number of issues and an in-depth discussion about the possibility of going “paperless”.

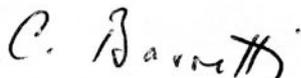
National Sleep Societies

The interaction between the board and the National Sleep Societies (for a total of about 5.000 associated ESRS members) is guaranteed by the executive committee (EC) of the Assembly of the National Society (ANSS). The EC has elected in 2010 three new members and a new chair (Ludger Grote). A meeting of the ANSS with ESRS board will take place in Oporto in Spring 2011.

Further plans for 2011

Further activities planned for 2011 will include discussions about the possible creation of a central ESRS office, the promotion and support of interactions/cooperations of the ESRS with European Research Networks and other medical/scientific organizations (including WFSRSMS and WASM), as well as new efforts to increase funding opportunities (for teaching and research events).

With my best season’s greeting and warmest wishes for a Merry Christmas and Happy New Year.



Claudio Bassetti
ESRS President



REPORTS OF THE ESRS COMMITTEES

Research Networking Committee (RNC)

R. Amici – D.J. Skene

Members:

- January 2010-September 2010: coordinator, R. Amici; vice-coordinator, P. Levy; members, P. Peigneux, T. Porkka-Heiskanen, M. von Schantz, J. Santamaria, D.J. Skene
- Since September 2010: coordinator, D.J. Skene; vice-coordinator, P. Levy; members, R. Amici, S. Archer, C. Espie, L. Nobili, P. Peigneux, D. Riemann

Aim of the Research Networking Committee is: i) to support sleep research and sleep teaching networks in Europe, by the definition/identification of sleep research laboratories and teaching centres in Europe as a first step; ii) to establish new criteria for the assignment of ESRS research and travel grants.

In 2010, the activity of the Committee has led to:

- a) establishment of the following criteria for the identification of Sleep Research Laboratories in Europe: i) sleep research laboratory must be involved in active research, basic or clinical, and should be able to show evidence of this through peer reviewed publications and/or book chapters and the activation of at least one grant on sleep research in the last five years; ii) the sleep research should be based in Europe; iii) the responsible researcher of the sleep research laboratory must be a current ESRS member;
- b) establishment of a webpage on the ESRS website in which researchers in charge of sleep research laboratories will have the opportunity to describe their laboratory and its research domain and to publish information on present and past laboratory members, on technical capabilities and areas of expertise of the laboratory, on short and long-term training possibilities, and on current and past grants. These data will be published following approval of the RNC. The researcher in charge of each laboratory will be allowed to update the information after login by means of an i.d. number and password.

The publication of the webpage is expected beginning of 2011.

Goals for 2011 will be: i) to construct a web database of ESRS sleep research laboratories; ii) to establish teaching and training criteria to be fulfilled by sleep laboratories in order to be part of the European Network of Sleep Teaching Centres. This will be considered to be a continuation and expansion of the established network of the ESRS-EU Marie Curie Project (2007-2010); iii) to define the procedures for the assignment of ESRS travel grants to young sleep researchers for visits to the sleep

laboratories of the network around Europe (continuation and extension of the ESRS ENSTL program).

ESRS Scientific Committee

M. von Schantz – C. Espie

In addition to a number of telephone conferences, the outgoing ESRC Scientific Committee met in person in Paris in April to prepare the scientific programme for the Lisbon meeting. Only one member, the Chair (Malcolm von Schantz, Surrey) had served two terms and was ineligible for reelection, thereby creating one vacancy. In order to improve the balance between new and returning members, the Board decided in consultation with the Scientific Committee to increase the number of members by three, creating a total of four vacancies. At the Business Meeting in Lisbon, all current members were re-elected, and joined by four new members. After the Lisbon meeting, the Committee elected Colin Espie (Glasgow) as its new Chairman through a *per capsulam* procedure.

The new ESRS Scientific Committee was elected at the Lisbon meeting in September 2010 with the following membership:

- Colin Espie (Chair) (Glasgow)
- Simon Archer (Surrey)
- Paul Franken (Lausanne)
- Alex Iranzo (Barcelona)
- Raffaele Manni (Pavia)
- Thomas Penzel (Berlin)
- Christelle Peyron (Lyon)
- Joan Santamaria (Barcelona)
- Sophie Schwartz (Geneva)

The first teleconference of the new committee was held on 8th November 2010, with a subsequent teleconference on 15th December 2010. The Committee has reviewed the report of the Lisbon conference, compiled by Congrex, and was pleased to note the many successes of the meeting. The Committee is already looking forward to ESRS 2012, and will be working closely with the ESRS Board and the Local Organising Committee to ensure that this too will be a successful meeting.

The Scientific Committee has now agreed several objectives: 1) to ensure active and constructive involvement in all discussions and decision making concerning the ESRS2012 scientific programme and timeline, 2) to consider the need for and potential interest in additional scientific meetings on a smaller scale to support specific areas (e.g. basic research, insomnia, sleep scoring and diagnostics), 3) to work closely with the other ESRS committees in achieving these and other shared objectives.

ESRS Sleep Medicine Committee (SMC)

Activities in 2010 and scope for the next year

Dirk Pevernagie, coordinator

The SMC works by order of the ESRS board and is the representative task group within the ESRS to address clinical sleep medicine issues. The SMC deals with both the professional content and the organizational aspects of sleep medicine. In the past year, the SMC has focused on two priority topics: (1) creation of a sleep medicine fellowship (point system) and (2) definition/identification of teaching centers in sleep medicine. To this end, teleconferences were held on May 28 and September 3, 2010. A personal meeting took place on July 4, 2010 in Seon, Germany.

The SMC proposes to base a sleep medicine fellowship on a comprehensive and clearly defined educational program. To this goal, a catalogue of knowledge and skills (CK&S) for the education and training of professionals in sleep medicine is being elaborated. The preliminary draft of the CK&S comprises 8 comprehensive chapters with a total of more than 400 learning outcomes:

- A. Physiological basis of sleep
- B. Assessment of sleep disorders and diagnostic procedures
- C. Insomnia
- D. Sleep-related breathing disorders
- E. Hypersomnias of central origin
- F. Circadian rhythm sleep disorders
- G. Parasomnias
- H. Sleep-related movement disorders
- I. Miscellaneous sleep-related conditions and disorders
- J. Societal, economical, organisational and research in Sleep Medicine

The CK&S is based on the ECTS credit point system. Credits for theoretical education and practical training are included. The target groups are: physicians, professionals with a master degree (e.g. psychologist), technologists and nurses. The aim of the SMC is to submit the finalized document to the ESRS board by March 31, 2010.

Furthermore, criteria for identification and selection of European sleep medicine teaching and training centres will be established. Subsequently, the availability of educational facilities in Europe will be mapped. The SMC will also make suggestions for the accreditation and certification (A/C) procedures to be initiated by the ESRS. These developments will be implemented in close consultation with other ESRS committees, whenever appropriate.

Current members of the SMC:

Sören Berg
 Fabio Cirignotta
 Zoran Dogas
 Colin Espie
 Diego Garcia-Borreguero
 Patrick Lévy
 Teresa Paiva
 Dirk Pevernagie (coordinator)

Pierre Philip
Thomas Pollmächer
Andrea Rodenbeck
consultants
Debra Skene (Education)
Simone de Lacy (ESST)
secretarial assistance
Brigitte Knobl

Executive Committee (EC) of the Assembly of National Sleep Societies (ANSS)

Activities of the Assembly of National Sleep Societies (ANSS) and the Executive Committee (EC) during the period 2008-2010:

- The Executive Committee (EC)

The EC of the ANSS was represented by Jürgen FISCHER (Germany) chair, Dirk PEVERNAGIE (Belgium) co-chair, Sören BERG (Sweden), Zoran DOGAS (Croatia) and Poul JENNUM (Denmark).

The EC performed five meetings (Nov. 2008 in Bremen, March 2009 in Copenhagen, October 2009 in Tallinn and January 2010 in Heeze). Main outcome of the activities during 2008-2010 can be summarized as follows: The position and the role of the EC-ANSS within the ESRS has been further established (constitution of the EC-ANSS, available on the ESRS website), Standard Operational Procedures for the interaction between ANSS and ESRS have been defined (available on the ESRS website). The activities of the ANSS are represented on the ESRS webpage. A closer participation in ESRS board activities and policies has been agreed upon. A paper on European guidelines on Standard Operational Procedures (SOP's) in sleep medicine has been developed using formal processes like review processes, Delphi-rounds, and a consensus conference. The networking between the different national Sleep Societies has been triggered. As part of this activity, a questionnaire based investigation on education and medical practice in the different European countries has been performed.

- Assembly of National Sleep Societies

The members of the ANSS held two very successful meetings during the time period in May 2009, in Valencia, Spain, and in May 2010 in Antalya, Turkey. The ANSS expressed their gratitude to the local organizers. Today, 29 National Sleep Societies have an associate membership in the ANSS and they were represented at the meetings. Fruitful discussions with the ESRS board took place. The agenda included presentation of the work of the ESRS and the EC, a review of educational courses in different countries, presentation of outcome from a questionnaire based investigation on education and medical practice in Europe, and an update on national and regional activities regarding sleep medicine practice, organization and education. The draft of the European guideline on SOP in Sleep Medicine was presented and discussed. Finally, the election of 3 new EC-members was performed: Stefan Mihaicuta, Rumania, Javier Puertas, Spain, and Ludger Grote, Sweden. They substitute Jürgen Fischer, Sören Berg and Dirk Pevernagie. The

ANSS is very thankful to the very successful work performed by these members of the EC.

- Recent and future activities

The first meeting of the new EC in Copenhagen in June 2010 established the tasks and positions within the EC. Ludger Grote was elected as chair of the EC, Zoran Dogas as vice chair and ESRS board representative, Stefan Mihaicuta as secretary, Javier Puertas as responsible for sponsoring and financial matters, and Poul Jennum as responsible for coordination of educational and certification activities. The focus of future EC activities will be to continue the support of the NSS as well as to communicate bi-directionally and closely between European National Sleep Societies and the ESRS board/working groups. New models for the implementation of certification processes on national/regional levels will be suggested as well as a platform of joined educational activities on national/regional level within the ESRS. The ANSS and the sleep medicine committee will continue to have a close communication in order to support the implementation of ESRS based activities in the National Sleep Societies. Finally, it is planned to support already existing ESRS activities in both basic and clinical sleep research (e.g. support of networking and coordination).

ESRS EU Committee

Report on the activities of the EU committee 2009 - 2010

Members: Tarja Porkka-Heiskanen (chair), Diego Garcia-Borreguero, Damien Leger, Dieter Riemann, John Shneerson, Irene Tobler

The work of the EU committee in the past two years focussed on several issues. Foremost, it is the aim of the committee to bring the topics of “sleep and sleep disorders” on the agenda of the EU concerning support for research and teaching activities. A major success in this field was the EU Marie-Curie program initiated by Tarja Porkka-Heiskanen, Irene Tobler and Roberto Amici which had been running for 4 years and which ended successfully in 2010 with the final symposium at Kloster Seeon. This program allowed 160 trainees coming from all European countries to participate in training seminars held in Bertinoro in Italy on the topics of sleep research and sleep disorders medicine. Unfortunately this kind of funding activity at present is not available anymore by the EU. An alternative might be Marie Curie ITNs (Initial Training Networks), which, however, allow only a much smaller number of trainees to be funded. It will remain a major task for the ongoing activities of the committee to develop opportunities for young trainees to get started in the sleep field.

Another major issue dealt with by the committee was the fostering of the field of sleep disorders and sleep medicine from a political point of view. This activity aims at producing a position paper, outlining the importance of sleep and sleep disorders for public health in the EU. This paper will be written in close coordination with the Assembly of National Sleep Societies. The position paper will be distributed to members of the European parliament in order to achieve a hearing on this topic in this forum. Next steps would be a so-called “green paper”, finally followed by a “white paper” (which is then written by EU officers as an official proposal for the EU parliament/commission). We would like to ask every member of the ESRS to think about contacts to local or EU politicians which are

already established – please let the committee know about your contacts – in order to be “heard” and accepted on a political level coordinated efforts will be necessary.

The work of the committee was presented in a symposium at the ESRS meeting in Lisbon with talks from Tarja, Diego and Dieter attracting many listeners and a lively discussion.

Sadly, Tarja and Irene resigned from the committee at the Lisbon meeting – they are thanked very much for their relentless activities in the field. The ESRS board nominated Roberto Amici as a new member of the committee who accepted the invitation. Dieter Riemann was suggested as new chair and accepted as well. For 2011 the fields of activity of the committee will remain the same as in the past: supporting and fostering sleep research and sleep medicine in the EU!

Dieter Riemann, Freiburg, Dec. 16, 2010

ESRS Fund Raising Committee

The two last years have been difficult since several major players in the field of drug treatment in sleep disorders have seriously limited their contribution to the field. This is the case for Sanofi-Aventis although we have been able to secure at least for 2010 the research grant. This is also the case for Cephalon. Other companies have been approached and there is a project of educational initiative that is currently discussed with UCB.

The proposal is made to organise a meeting with the ESRS board in Prague or Oporto with some of the major drug and biomedical companies to try to reinforce the financial support to the Society.

Patrick Lévy



ESRS FORUM FOR WOMEN IN SLEEP RESEARCH

The seventh meeting of the Forum was held during the 20th Congress of the European Sleep Research Society in Lisbon, Portugal. Close to seventy participants enjoyed the 'revealing' presentations of Josephine Arendt (University of Surrey, UK) and Valérie Mongrain (University of Montréal, Canada). Josephine and Valérie shared their personal experiences on building their scientific career combining both successful professional life and family.

Raphaëlle Winsky-Sommerer, who took over from Tracey Sletten as coordinator of the Forum, presented novel insights into the importance of sex differences observed in Neuroscience and Pharmacology. These data suggest the value of performing more studies including women. Raphaëlle also highlighted the importance of networking and being proactive, even at an early-career stage, to benefit from the opportunity given by the Forum framework.

For information, relaying and networking, Raphaëlle can be contacted via r.winsky-sommerer@surrey.ac.uk



PHILIPS RESEARCH GRANT WINNERS 2010

In the closing ceremony of the 20th Congress of the European Sleep Research Society held in Lisbon on 18 September 2010, the winners of the Philips Research Grant 2010 in the fields of sleep research, chronobiology, photobiology and light therapy were announced.

The grant of \$100,000 was awarded to V. Revell, D.J. Skene, and C. Papamichael, University of Surrey, for their project "Optimisation of lighting for health and well-being".



Prof. Dr. Claudio Bassetti (University of Zurich), Prof. Dr. Debra Skene (University of Surrey), Dr. Vanja Hommes (Philips)



SLEEP AND BREATHING INTERNATIONAL CONFERENCE, PRAGUE, 31 MARCH - 2 APRIL 2011

“Sleep and Breathing” is an international conference organized by the European Respiratory Society (ERS) and the European Sleep Research Society (ESRS) 31 March - 2 April 2011 in Prague. The conference will bring in the experts to provide a comprehensive update and to further relevant education and professional. The scientific program includes three full-days of plenary sessions, reviews, practical workshops, free communication sessions and educational seminars. There have been nearly 100 abstracts submitted to the conference. Also bursaries will be allocated on the basis of scientific merit and selected on the basis of abstracts. Although it is too early to indicate a number of participants, more than 700 are expected.

Further information is available on the web site at www.sleepandbreathing.org/ .
To register, click <https://registration.akm.ch/congress/book?congress=1675&lang=2> .



Interview with Prof. C. Bassetti (CB), President of the European Sleep Research Society (ESRS), and Prof. Walter W McNicholas (WMN), President of the European Respiratory Society (ERS):

1. What hopes do you have for this first conference in a projected series?

WMN: The conference should provide a unique forum for education and training of healthcare professionals in the field of respiratory sleep disorders.

CB: A further intensification of the relationship and interactions between sleep and respiratory physicians and scientists.

2. What role will the projected series play in the future of sleep medicine?

WMN: The series will highlight the central role of respiratory sleep disorders in clinical sleep medicine.

CB: Increased awareness about sleep disorders and sleep science among respiratory physicians and, respectively, of sleep disordered breathing and respiratory physiology among non-respiratory physicians and scientists.

3. What are the hot topics of the conference and why?

WMN, CB: The Hot Topics include cardiovascular and metabolic consequences of sleep apnoea, and genetic factors. These aspects help define the clinical consequences and pathophysiological basis of the disorder.

4. How does this event complement other events taking place elsewhere in the world?

WMN, CB: This event fills an important gap between major international respiratory and sleep society conferences (eg ERS/ATS and ESRS/AASM) and small educational seminars such as ERS School Courses.

5. What makes this event different?

WMN, CB: To our knowledge, this event represents the only mid-size conference anywhere in the world with an educational focus on the topic of Sleep and Breathing.

6. How far does this conference respond to a perceived need?

WMN: This conference provides a comprehensive coverage of the field with a predominant educational focus and includes a broad spectrum of participation for delegates ranging from platform lectures, interactive case studies and meet the Professor sessions, together with practical “hands-on” training sessions.

CB: many respiratory physicians/scientists and ERS members do not attend the ESRS Meeting. This conference will offer a unique opportunity for an interaction between respiratory and non-respiratory physicians/scientists interested in sleep as well as between ERS and ESRS members.

7. Which session would you particularly like to highlight?

WMN: Co-morbidities in Sleep Apnoea, as a rapidly evolving clinical aspect of the disorder.

CB: The plenary session: “Sleep and breathing: The future”.

8. What is your own involvement with the subject?

WMN: Director of a large National Academic Sleep Centre who is heavily involved in patient management, in addition to clinical and basic research.

CB: Director of a multidisciplinary neurocenter including a sleep center with clinical and research expertise in respiratory and non respiratory sleep topics.

9. What do you believe will be the result of the conference?

WMN: An enhanced appreciation of the clinical importance of sleep and breathing disorders among respiratory clinicians.

CB: More knowledge about sleep among respiratory physicians and about respiratory disorders among non respiratory clinicians/scientists.

10. What impact do conferences of this kind have on medical research/medical practice?

WMN, CB: This conference will bring experts in sleep and breathing disorders together with clinical practitioners, and should improve the expertise of clinical practitioners in this field.

11. How far is sleep medicine a growing issue of concern among members of the general public?

WMN: Sleep disorders are highly topical and a source of concern among the general public as evidenced by the high level of coverage of this topic in print, radio and television media.

CB: The growing data on the link between sleep disorders and cardiovascular risk but also between sleep disorders and neurological/psychiatric disorders, and between sleepiness and accidents has drawn the attention on the importance of diagnosis and management of sleep disorders in the general population.

12. Any other comments.

WMN, CB: "Do not miss Prague".



ANNUAL MEETING OF THE ASSEMBLY OF NATIONAL SLEEP SOCIETIES (ANSS)

Friday 29th of April until Sunday 1st of May 2011 in Oporto, Portugal

Host: Marta Gonçalves, Chairman of the Portuguese Sleep Association

Final program to be announced

Ludger Grote, chairman of the Executive Committee/ANSS



FUTURE MEETINGS

13th Annual International Clinical Symposium "Epilepsy & Sleep update@Kempenhaeghe.nl"

Date: March 24-25, 2011
 Venue: Kempenhaeghe, The Netherlands
 Web site: <http://www.esrs.eu/cms/upload/pdf/Meetings>

Sleep and Breathing International conference organized by ERS/ESRS

Date: March 31 – April 2, 2011
 Venue: Prague, Czech Republic
 Web site: www.sleepandbreathing.org/



To register and book your accommodation for the conference click:

<https://registration.akm.ch/congress/book?congress=1675&lang=2>

3rd World Meeting of Chronobiology

Date: May 5 - 9, 2011
 Venue: Puebla De Zaragoza, Mexico
 Web site: www.inb.unam.mx/wcc/index.html

Organized by the World Federation of Societies on Chronobiology

American Thoracic Society (ATS) 2011 International Conference

Date: May 13 - 18, 2011
 Venue: Denver, Colorado, USA
 Web site: thoracic.org/conference/index.php

SLEEP 2011 - 25th Anniversary Meeting of the Associated Professional Sleep Societies, LLC (APSS)

Date: June 11 - 15, 2011
 Venue: Minneapolis, Minnesota, USA
 Web site: www.sleepmeeting.org/

20th International Symposium on Shiftwork and Working Time – Biological mechanisms, recovery and risk management in the 24h society

The sleepy brain – a satellite symposium

Date: June 28 – July 1, 2011
 Venue: Stockholm, Sweden
 Web site: www.stressforskning.su.se/pub/jsp/polopoly.jsp?d=13411
www.sleepybrain.se/

Organized by the Stress Research Institute, Stockholm University, Stockholm, Sweden

8th IBRO World Congress of Neuroscience

Date: July 14 - 19, 2011
Venue: Florence, Italy
Web site: www.ibro2011.org/

Organized by the Italian Society of Neuroscience (SINS) and the International Brain Research Organization (IBRO)

1st Alpine Sleep Summer School (ASSS) - an introduction course in Sleep Medicine

Date: August 22 - 27, 2011
Venue: Lugano, Switzerland
Web site: www.sleep-summer-school.ch/
1st Announcement: www.esrs.eu/cms/upload/pdf/Meetings/AlpineSummerSchool.pdf

4th International World Sleep Congress of the World Association of Sleep Medicine (WASM) & 5th Conference of the Canadian Sleep Society (CSS)

Date: September 10 - 15, 2011
Venue: Quebec City, Canada
Web site: www.wasm2011.org/

European Respiratory Society (ERS) Annual Congress

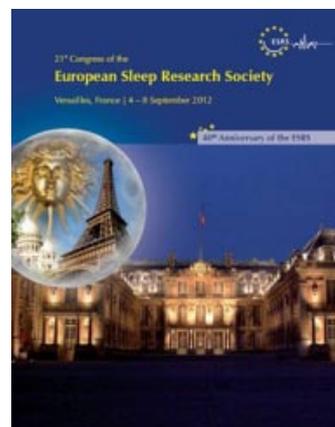
Date: September 24 - 28, 2011
Venue: Amsterdam, The Netherlands
Web site: www.ersnet.org/index.php/congresses/amsterdam-2011.html

Worldsleep 2011 - 6th World Congress of the World Sleep Federation & 36th Annual Meeting of Japanese Society of Sleep Research

Date: October 16 - 20, 2011
Venue: Kyoto, Japan
Web site: www.worldsleep2011.jp/

21st Congress of the European Sleep Research Society

Date: September 4 - 8, 2012
Venue: Paris-Versailles, France
Web site: www.congrex.ch/esrs2012





JOB OPPORTUNITIES

University of Surrey - Faculty of Health and Medical Sciences Division of Clinical Medicine Chair in Sleep Medicine

As an ambitious and forward thinking institution with an international reputation for world-class research in physical and biomedical sciences and distinctive excellent in teaching and learning, we are committed to investing strongly in our research base. We are currently looking for an outstanding researcher with a significant track record in sleep medicine to join our team, complementing our existing research strengths in sleep, chronobiology and neurodisorders. You will demonstrate an ability to attract substantial research income and to publish in high impact research journals, and once here, will lead in the development of a sleep clinic, facilitating access to patients and encouraging development of a diagnostic service within the Faculty.

If you would like to learn more about this rare opportunity and the benefits of working at the University of Surrey, please contact Perrett Laver via www.perrettlaver.com/candidates or 0207 6597900 quoting reference 0616.

Closing date: 20 December 2010
Formal Interviews: 28 February 2011

Further job opportunities can be accessed through the ESRS website at:

http://www.esrs.eu/cms/front_content.php?idcat=124



APPLICANTS FOR MEMBERSHIP

Monica L. Andersen, PhD
UNIFESP, Sao Paulo, Brasil
Sponsor: S. Tufik

Roser Cambrodi Masip, Dr.
Hospital Vall D'Hebron, Barcelona, Spain
Sponsor: O. Romero

Carmen Irina Carcia, MD
Advanced Sleep Research GmbH, Berlin, Germany
Sponsor: T. Penzel

Pascal Grosse, Priv.Do.
Charité - University Medical School, Berlin, Germany
Sponsor: R. Khatami

Biancamaria Guarnieri, MD
Villa Serena Hospital, Città S. Angelo, Pescara, Italy
Sponsor: E. Bonanni

Henk H. Hassing, Dr.
Viecuri medisch Centrum, N-Limburg, Venlo, The Netherlands
Sponsor: D. Pevernagie

Sofia Kasradze, MD PhD
Institute of Neurology and Neuropsychology, Tbilisi, Georgia
Sponsor: B. Högl

Lia Maisuradze, PhD Dr. Sci.
I. Beritashvili Institute of Physiology, Tbilisi, Georgia
Sponsor: T. Pollmächer

An Mariman, Dr.
University Hospital Ghent, Gent, Belgium
Sponsor:

Tiina Paunio, MD, PhD, Prof.
National Institute of Health and Welfare, Helsinki, Finland
Sponsor: A. Bachour, T. Porkka-Heiskanen

Jean-Louis Pepin, MD, PhD
Hôpital Michallon, Grenoble Cedex, France
Sponsor: P. Levy

Johanna Sahlman, MD

Kuopio University Hospital, Kuopio, Finland
Sponsor: M. Partinen

Lucas Schlangen, Dr.

Philips Lighting, Eindhoven, The Netherlands
Sponsor: D. Skene

Slavchen Slavcho, MD

Mana Medical Centre, Sofia, Bulgaria
Sponsor: Z. Szakács

Monica Vicente, MD

CHRU Gui de Chauliac, Montpellier, France
Sponsor: O. Romero

Dirk Vogelaers, Prof. Dr.

University Hospital Ghent, Ghent, Belgium
Sponsor:



NEW MEMBERS

The Society welcomes the following new members:

Malcolm Boyce, Dr.

Hammersmith Medicines Research, Cumberland Avenue, London, NW10 7EW, United Kingdom

phone: +44 20 8961 4130, fax: +44 20 896 8665

e-mail: [mboyce\(a\)hmrlondon.com](mailto:mboyce@hmrlondon.com)

Darrin Street, PhD

Clinical Pharmacology and Translational Medicine, H. Lundbeck A/S, Ottiliaweg 9, 2500 Valby, Denmark

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e-mail: [stre\(a\)lundbeck.com](mailto:stre@lundbeck.com)



European Sleep Research Society
Sleep Research and Sleep Medicine in Europe



ESRS membership fee 2011

Name: _____

Address: _____

e-mail: _____

FAX TO: +49 941 290 809 75

Sending from USA, Canada please use: 011 49 941 290 809 75
Maria Wiechmann, Assistant to Prof. Dieter Riemann, ESRS Treasurer

May we ask you to pay your **ESRS Membership Fee 2011 (EURO 82,-)**.

You can choose among the following payment options:

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*Don't forget to notice the **name of the ESRS member***

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Send to: **Maria Wiechmann**
Ass. to the ESRS Treasurer
ESRS Office
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Glasgow, Scotland, United Kingdom

Members:

Dr. Simon Archer
Guildford, Surrey, United Kingdom

Dr. Paul Franken
Lausanne, Switzerland

Dr. Alex Iranzo
Barcelona, Spain

Dr. Raffaele Manni
Pavia, Italy

Prof. Thomas Penzel
Berlin, Germany

Dr. Christelle Peyron
Lyon, France

Dr. Joan Santamaria
Barcelona, Spain

Dr. Sophie Schwartz
Geneva, Switzerland



APPENDIX: MINUTES OF THE BUSINESS MEETING IN LISBON



MINUTES FROM THE BUSINESS MEETING DURING 20th ESRS CONGRESS IN LISBON (SEPTEMBER 16th, 2010)

The Meeting took place on Sept 16, 2010, between 17:15 and 20:15 at Hall B, Lisboa Convention Centre, Praça das Indústrias, 1300-307 Lisbon, Portugal. The Meeting was attended by 175 members.

1. Opening by the President of the ESRS

The president of the ESRS, Claudio Bassetti, opened the meeting.

2. Determination of Election Assistance

Dirk Pevernagie, Ghent, Belgium, full ESRS member kindly agreed to lead all election to happen during the meeting.

3. Acceptance of the Minutes of the Previous Business Meeting

The minutes of the last business meeting held on Sept 11, 2008 in Glasgow that had been distributed with a circular e-mail were unanimously approved.

4. Report of the President

The President, Claudio Bassetti, presented a summary of the major activities undertaken since the previous ESRS business meeting (Glasgow, 2008).

The organization of the **ESRS 2010 Meeting** in Lisbon was one of the most important tasks. The meeting turned out to be a great success in terms of attendance - the largest in our history with 1552 active participants from 60 countries - and quality of scientific/teaching activities and a record number of 943 abstracts accepted. The highlights of the meeting included the European Sleep Science award ceremony (the prize was given to Michel Jouvet), the symposia of the ESRS with other medical organizations (European Neurological Society, European Biological Rhythms Society, Portuguese and Chinese Sleep Societies), and the four European Sleep Research Networks sessions. The great work of Julia Bicher and her Congrex team (PCO), local organizers (Teresa Paiva, Marta Gonçalves), ESRS board, and ESRS scientific committee were specially acknowledged.

A second important activity consisted in the selection of the new Chief Editor of the **Journal of Sleep Research**. The President cordially thanked Peretz Lavie and his "crew" for their work in the last two years. He welcomed his successor Derk Jan Dijk who took up office as new Editor-in-Chief in Spring 2010 as well as his newly appointed deputy editors. The president also thanked Brigitte Knobl for her meticulous work as editorial assistant for the Chief Editor of JSR.

To promote **Sleep Medicine** the ESRS has created in 2009 a committee chaired by Dirk Pevernagie, the first main activity of which was the development of a sleep medicine fellowship programme (based on a catalogue of knowledge and skills).

To promote **Sleep Research** the ESRS has created in 2009 a committee chaired by Roberto Amici. Among its first activities this committee created a web-site in which informations about European sleep research laboratories can be gathered and presented.

The president thanked Malcolm von Schantz and the **Scientific Committee**, for their contributions to the Lisbon meeting. It was stressed that their involvement exceeded in the last two years the traditional role played by this committee in the past (which was limited essentially to the review of the abstracts).

The ESRS supported a variety of **teaching activities** over the last two years including the second part of the EU Marie Curie training (168 trainees from 36 countries, closing event in Seeon 2010) and the 1st Sleep Training Course in Georgia (2010). The president specially thanked Roberto Amici, Maria Wiechmann and Debra Skene for their tremendous work in organizing these teaching events.

During the reporting period, the **Assembly of National Sleep Societies** (ANSS) arranged two meetings at Valencia (2009) and Antalya (2010), respectively. The ANSS and the ESRS board met also in Lisbon. The president thanked Dirk Pevernagie for his delicate and appreciated work as representative of the ANSS in the ESRS board, and welcomed Ludger Grote as its new chair.

The **financial situation** of the society was reported as satisfactory. The president pointed out that the ESRS Meeting in Glasgow did not generate any revenues leaving the membership fees and the JSR as the two major sources of income.

5. Report of the Secretary

The function of the Secretary has evolved following the employment of Mrs Brigitte Knobl as Assistant to the ESRS Board and manager of the website. Current activities of the Secretary mainly include providing support and participating to the various ESRS committees, supervision of the activities of the ESRS office, development of the website, management of the ESRS newsletter, and managing various queries. A members database has been developed and will be soon available on the ESRS website, together with an interactive list of sleep laboratories, whose template has been created in the framework of the Research Networking Committee (see below).

6. Report of the Assistant Secretary

A report of the education and training events supported by the ESRS over the past two years was presented. In 2009, the ESRS supported research visits of 6 early stage career sleep researchers to European laboratories under the ENSTL programme (European Network of Sleep Training Laboratories). In addition to the Teaching Courses preceding each ESRS Congress, the ESRS also provided financial support for a range of Sleep Training Courses across Europe (1st ESRS – Georgian Sleep Research and Sleep Medicine Society [GSSS] Training Course on Sleep, Georgia; International Sleep Medicine Course [ISMC], The Netherlands; Edinburgh Sleep Medicine Course). National Sleep Societies and ESRS members can apply for ESRS patronage and/or sponsorship of pan-European sleep training courses by contacting the ESRS and completing an application form.

7. Report of the Vice President (Basic)

The Vice-president Basic (VPB) informs the members that the last year of the ESRS-EU "Marie Curie" Project "Training in Sleep Research and Sleep Medicine" has been very successfully concluded. During the four years of the project, 168 trainees from 36 different countries were trained. All of them attended a training course in Bertinoro, Italy and spent one week in one of the twelve Practical Training Sites around Europe. Finally, trainees participated in the Final Symposium that was held in Kloster Seeon, Germany, on July 2010. The VPB warmly thanks the members of the Programme and Executive Committees of the Project, the Researchers in Charge of the Practical Training Sites, and the part-time assistant, Mrs. Maria Wiechmann, for the great work that all of them have done. Also, the VPB, who is the Chair of the Research Networking Committee (RNC), informs members that the RNC, with the fundamental help of Mrs. Brigitte Knobl, has finalized a page on the ESRS website, in which Sleep Research Centres in Europe will have the opportunity to publish information on the lab and its research domain, on present and past laboratory members, and on technical capabilities and areas of expertise of the lab. Members will soon be allowed to start inserting data. As a second step, a limited number of these centres will be identified as official ESRS sleep research training centres.

8. Report of the Vice President (Clinical)

The ESRS clinical activity has very much increased in the past years. There are guidelines provided by the Sleep Medicine Committee as well as position papers already published or in preparation for the next months. However, it remains to be further developed.

Specifically, there is an opportunity for the ESRS to support European Research Networks. Some of them have been presented during the meeting in Lisbon. This should be a main target in the next two years.

Also, an important initiative has been the ERS-ESRS conference to be held in Prague in end of March 2011. This is mainly an educational event directed towards physicians in Europe who are willing to increase their knowledge in sleep medicine. It is a first formal cooperation with the ERS and it is likely to be followed by similar initiative in other fields of sleep medicine.

9. Report of the Coordinator of the ESRS Sleep Medicine Committee (SMC)

The SMC was installed by the new ESRS board as a novel working group and has been operational as of 24-01-2009. The SMC works by order of the ESRS board and confines its actions within the boundaries of the ESRS bylaws.

Five tasks have been assigned to the SMC, the first two are absolute priorities:

- 1) Creation of a Sleep Medicine Fellowship (point system)
- 2) Definition/identification of teaching centers in sleep medicine
- 3) European accreditation of sleep medicine centers and certification of sleep specialists
- 4) European homologation of sleep teaching programs (both university or high school courses and courses initiated by NSS), sleep medicine centers and professionals in sleep medicine
- 5) Creation of a European Sleep Medicine Examination

Four teleconferences and two personal meetings have taken place since the start of the working group.

The SMC proposes to base a sleep medicine fellowship on a comprehensive and clearly defined educational program. To this goal, a catalogue of knowledge and skills (CK&S) for the education and training of professionals in sleep medicine is being elaborated. The preliminary draft of the CK&S comprises 8 comprehensive chapters with a total of more than 400 learning outcomes:

- A. Physiological basis of sleep
- B. Assessment of sleep disorders and diagnostic procedures
- C. Insomnia
- D. Sleep-related breathing disorders
- E. Hypersomnias of central origin
- F. Circadian rhythm sleep disorders
- G. Parasomnias
- H. Sleep-related movement disorders
- I. Miscellaneous sleep-related conditions and disorders
- J. Societal, economical, organisational and research in Sleep Medicine

The CK&S is based on the ECTS credit point system. Credits for theoretical education and practical training are included. The target groups are: physicians, professionals with a master degree (psychologist), technologists and nurses.

The aim of the SMC is to complete the CK&S in short notice and to submit the document to the ESRS board (target: 2nd quarter 2011). Furthermore, setting up a European teaching-training program for sleep medicine professionals is envisaged. Also, opportunities for EU funding will be explored in collaboration with the EU committee. Finally, solutions as to identify and cooperate with sleep medicine training centres in different countries will be sought.

PM. Current members of the SMC:

Sören Berg (SB)
Fabio Cirignotta (FC)
Zoran Dogas (ZD)
Colin Espie (CE)
Diego Garcia-Borreguero (DG)
Patrick Lévy (PL)
Teresa Paiva (TPa)
Dirk Pevernagie (DP)
Pierre Philip (PP)
Thomas Pollmächer (TPo)
Andrea Rodenbeck (AR)

Consultants

Debra Skene (Education)
Simone de Lacy (ESST)

Secretarial assistance

Brigitte Knobl

10. Pisa Sleep Award 2010 Announcement

The Past President, Prof. Thomas Pollmächer, announced and congratulated the winner of the 9th Edition of the PISA Sleep Award, Prof. Claudio Bassetti.

11. Report of the Treasurer

The ESRS Treasurer, Dieter Riemann, presented the account balance for the period from July 2008 to June 2010 and commented the financial figures in detail.

Report for the period from July 1, 2008 to June 30, 2010:

	Incomes	Expenses
Opening Entry , July 1st, 2008 Girokonto 98.895,94 Euro Cash-Konto 225.503,34 Euro	Opening Entry Total 324.399,28 Euro	
JSR Repayment (overcharged)	95.051,81	
Membership fees	111.329,15	
ANSS Associate National Sleep Societies	19.676,00	
ANSS Sponsoring	30.000,00	
EIN Sponsoring (Fa. Actelion)	15.000,00	
Sponsoring Sanofi Synthelabo Grant 2008-2010 (30.000 € for 2 winners)	30.000,00	
Alliance Chrono Sleep Award, remaining payment	547,34	
Secretary for JSR (B. Knobl)	37.435,20	
Fa. Weinmann, ESRS Congress Sponsoring for Grant	4.000,00	
Support L'Aquila 2009	4.388,60	
Bank Interest Girokonto 580,30 Euro Cashkonto 6.705,47 Euro	7.285,77	
Total Incomes	354.713,87	
Bank Charges Girokonto 1.130,64 Euro Cashkonto 1.944,11 Euro		3.074,75
Miscellaneous Costs		521,53
ANSS Presidents Meeting, remainder 2008 Split 9.854,96 € Valencia 2009 20.469,51 € Antalya 2010 8.674,59 €		38.999,06
ASS EBRS 2009		2.575,00
ESRS Courses 6th, Course Prague		8.281,46
Edinburgh Slee Med. Course 2009		1.940,07
ESRS-GSSS Training Course, Georgia		5.139,00
5th Anniverary Parad. Sleep, Lyon 2009		5.000,00
Congress Glasgow 2008		10.236,25
Congress Lisbon 2010		3.942,42
ENSTEL Grant		9.735,63
EU-Marie-Curie, Travel Grants to Glasgow for trainees		5.700,00
Sanofi Synthelabo Grant 2008-2010 (Transfer to 2 winners)		30.000,00
Fa. Weinmann Grant		4.000,00
Public Service Review		6.000,00
JSR 2009 & 2010		51.752,86
JSR Editorial Services (D-J Dijk)		8.750,00
Meetings of the Executive Committee		3.754,00

Meetings and Conference Calls of Scientific Committee		1.477,30
ESRS - President		7.139,64
ESRS - Treasurer Costs for the office 2.194,39 € Treasurer staff M. Wiechmann 25.200,00 € Treasurer Travel Costs 514,17 €		27.908,56
ESRS Homepage		2.930,24
ESRS conference calls		8.606,91
Lawyer		5.908,00
ESRS miscellaneous costs for society		1.659,03
ESRS miscellaneous costs for travelling		3.713,48
ESRS Board Meeting in Lyon, Jan 2009		2.296,65
ESRS Board Meeting in Zurich, August 2009		2.164,65
ESRS Board Meeting in Lisbon, Nov 2009		2.176,13
Mrs. Knobl, Secretary JSR + Homepage		102.489,45
PCO Meeting		3.908,12
WFSRS 2008 2009		2.971,85
Support L'Aquila 2009 (4.388,60 + 5.000 support ESRS)		9.388,60
Total Expenses		384.140,64
Account Balance June 30, 2010 Girokonto 4.707,81 Euro Cash-Konto 290.264,70 Euro	Account Balance June 30, 2010 294.972,51 Euro	

The audit report was presented together with the written, official acknowledgement that the accounts had been kept correctly.

The report of the treasurer was approved unanimously. The reported financial figures will be published in the ESRS Newsletter.

12. Report of the Assembly of National Sleep Societies (ANSS)

Jürgen Fischer presented the following activities of the ANSS and the Executive Committee (EC) during the period 2008-2010:

- The EC of the ANSS was represented by Jürgen Fischer (Germany) chair, Dirk Pevernagie (Belgium) co-chair, Sören Berg (Sweden), Zoran Dogas (Croatia) and Poul Jennum (Denmark). The EC performed five meetings (November 2008 in Bremen, March 2009 in Copenhagen, October 2009 in Tallinn and January 2010 in Heeze. Main outcome of the activities during 2008-2010 can be summarized as follows: The position and the role of the EC-ANSS within the ESRS has been further established (constitution of the EC-ANSS [available on the ESRS website]), Standard Operational Procedures for the interaction between ANSS and ESRS have been defined (available on the ESRS website). The ANSS is represented on the ESRS page. A closer participation in ESRS board activities and policies has been agreed upon. A paper on European guidelines on SOPs in sleep medicine (Delphi-rounds, consensus conference) has been developed. Networking within the NSS has been triggered and a questionnaire based investigation on education and medical practice in the different European countries has been performed.

- The members of the ANSS held two very successful meetings during the time period in May 2009, in Valencia, Spain, and in May 2010 in Antalya, Turkey. The ANSS expressed their gratitude to the local organizers. Today, 29 National Sleep Societies have an associate membership in the ANSS and they were presented at the meetings. Fruitful discussions with the ESRS board took place. The agenda included presentation of the work of ESRS and EC, review of educational courses in different countries, presentation of outcome from questionnaires, and an update on national and regional activities regarding sleep medicine practice, organization and education. The draft of the European guideline on SOP in Sleep Medicine was presented and discussed. Finally, the election of 3 new EC-members was performed: Stefan Mihaicuta, Rumania, Javier Puertas, Spain, and Ludger Grote, Sweden. They substitute Jürgen Fischer, Sören Berg and Dirk Pevernagie.
- Ludger Grote (chair of the EC) shortly introduced the new EC which has already met in Copenhagen in June 2010 with the members of the previous EC. The focus of future EC activities will be to continue the support of the NSS as well as to communicate bi-directionally and closely between European National Sleep Societies and the ESRS board/activities/structures.

13. Report of the JSR Editor

Summary of Activities

Activities during the period from Dec 2009-August 2010 included the handover from the previous Editor, implementation of changes to the flow of manuscripts through the ScholarOne Manuscripts™ system, and appointment of Deputy Editors. Minor changes to the Instructions for Authors were implemented, including the imposition of a maximum number of words per manuscript. Procedures to reduce the workload for Associated Editors and Reviewers and to improve the review process were also activated.

Impact factor and Submission Profile

The current Impact Factor of the Journal of Sleep Research (JSR) is 3.5, which puts the Journal in between 'Sleep and Breathing' and 'Sleep Medicine'. JSR is currently ranked 35 out of 167 Clinical Neurology journals and 80 out of 230 Neuroscience journals in the 2009 Thomson Reuters Journals Citation Report. There were 181 original submissions during the period Jan-August 2010, 5% of which were classified as basic animal, 38% as basic human and 57% as sleep medicine. Estimates of the number of accepted papers per year indicate that there may be a need to increase the number of issues.

Outlook

In the coming year, plans to increase the number of issues and/or go 'paperless' will be developed.

Plea:

JSR is the official journal of ESRS. Please submit your **best** work to JSR!

Subsequent to the report, a poll was carried out to get the opinion of the membership about the future publication method of JSR. A majority voted in favour of an exclusive online publication instead of the current print and online publication.

14. Discharge of the Board

Peter Geisler kindly agreed to lead the discharge of the board. The discharge of the current members of the ESRS Board was approved unanimously without a dissentient vote.

15. Election of the Members of the Board of Officers

Dirk Pevernagie explained the voting rules according to legal requirements. The attendees agreed to elect the new board as a group. Moreover, it was agreed that Debra Skene would go out to be elected in the group in her candidacy for basic vice-president. The election was done by raising hands. Only YES and NO votes were counted; abstentions were not counted.

All present candidates left the room during corresponding elections.

President: Claudio Bassetti had agreed to run for re-election for another two year term. No alternative candidates had been nominated.

Vice-President (Basic Sleep Science): Debra Skene had agreed to run for election as Basic Vice-President. No alternative candidates had been nominated.

Vice-President (Clinical Sleep Science): Patrick Lévy had agreed to run for re-election for another two year term. No alternative candidates had been nominated.

Treasurer: Dieter Riemann had agreed to run for re-election for another two year term. No alternative candidates had been nominated.

Secretary: Philippe Peigneux had agreed to run for re-election for another two year term. No alternative candidates had been nominated.

The current President, the current Clinical Vice-President, the current Treasurer, and the current Secretary were re-elected for a second two years turn and the Basic Vice-President was elected for a two years turn by the following vote:

YES = 165, NO = 0

Assistant Secretary: Lino Nobili and Joan Santamaria had agreed to run for election as Assistant Secretary. The Assistant-Secretary was elected by the following vote:

Lino Nobili: YES = 92, NO = 0

Joan Santamaria: YES = 73, NO = 0

The new ESRS Board is composed of:

President:	Claudio Bassetti, Switzerland
Basic Vice-President:	Debra Skene, United Kingdom
Clinical Vice-President:	Patrick Lévy, France
Treasurer:	Dieter Riemann, Germany
Secretary:	Philippe Peigneux, Belgium
Assistant Secretary:	Lino Nobili, Italy
Member Co-Opted from ANSS:	Zoran Dogas, Croatia

16. Election of the Scientific Committee

It was announced that the ESRS board has decided to increase the current number of members of the Scientific Committee from seven to nine. Malcolm von Schantz had finished his second two-year term. Lino Nobili did not run for a second two-year term due to his election as ESRS secretary.

Out of the previous Scientific Committee

Colin Espie, Glasgow, UK
Paul Franken, Lausanne, Switzerland
Thomas Penzel, Berlin, Germany
Christelle Peyron, Lyon, France
Joan Santamaria, Barcelona, Spain

agreed to run for a second two-year term.

The remaining members of the current Scientific Committee asked whether they could be elected as a group. The members were asked whether they accepted the proposed procedure. The voting concerning this matter was done by raising hands. A majority agreed to select the remaining members as a group by the following vote:

YES = 90, NO = 61

The re-election was done by raising hands. Colin Espie, Paul Franken, Thomas Penzel, Christelle Peyron, and Joan Santamaria were re-elected as members of the Scientific Committee in a group by the following vote:

YES = 165, NO = 0

Additional candidates were:

Simon N Archer, United Kingdom
Jim Horne, United Kingdom
Alex Iranzo, Spain
Raffaele Manni, Italy
Sophie Schwartz, Switzerland
Josef Zeitlhofer, Austria

For the vote, the members had a voting card on which they could mark a maximum of four candidates for the new members. Voting cards with more than four names were considered invalid. The voting cards were collected. Due to time constraints, the votes could not be counted before the meeting was closed. It was decided to announce the composition of the new Scientific Committee at a subsequent moment during the meeting.

Subsequent note: The results of the vote were:

Sophie Schwartz = 98
Alex Iranzo = 92
Raffaele Manni = 80
Simon Archer = 66
Josef Zeitlhofer = 63
Jim Horne = 61

The new Scientific Committee is subsequently composed of:

Colin Espie
Paul Franken
Thomas Penzel
Christelle Peyron
Joan Santamaria
Sophie Schwartz
Alex Iranzo
Raffaele Manni
Simon Archer

17. Proposal and Voting of ESRS Bylaws Amendment

The background of the bylaws amendment proposal was presented by Claudio Bassetti. After a lively discussion the present members were asked whether they wanted to vote for the bylaw changes separately or altogether, i.e. the change of the name of the ESRS together with all proposed sections of the bylaws. The vote was done by hand raising. The results were:

Vote bylaw changes separately: 70
Vote bylaw changes in total: 75

The vote on the change of name and bylaws was done by voting cards. The results were:

Voting number: 151
Pro: 92
Contra: 59

Since the required 2/3 majority was not reached the bylaws will not be changed.

18. Determination of the Amount of the Membership Fees

The members were asked whether they accepted to increase the annual fees for full membership from currently 82 € to 95 €

YES = 27, NO = 75

According to the vote the membership fees remain constant at 82 €

19. ESRS Congress 2012

From the French Sleep Research and Medicine Society's Executive Board, the President Prof. Marie-Pia d'Ortho explained that all are eagerly anticipating the ESRS 2012 Congress in Versailles which celebrates the 40th anniversary of the ESRS, feeling honoured to cooperate with the ESRS scientific board.

The scientific program will consist of original research, a broad range of clinical and experimental research papers, state-of-the-art lectures, and workshops. The most prestigious sleep specialists will be there.

Sleep Medicine and Research create an interest throughout a lot on clinical specialties, and the Congress is expected to draw a large number of investigators, researchers and clinicians. The prevention of sleep disorders related complications is and will remain always the primary concern and focus of both societies.

The congress venue is a few minutes away at walking distance from the Chateau de Versailles. It offers large meeting places for plenary lectures and smaller rooms for symposia. It is located within walking distance to the subway, taking 30 to 40 minutes for a

trip to Paris. Versailles offers nice hotels and restaurants.

The members are invited to make the 21th ESRS Congress an important event for sleep research and medicine development and for the improvement of patients 'care.

20. ESRS congress 2014 (Proposal and Voting)

The candidate cities Geneva and Tallinn were presented by Mehdi Tafti (Swiss Sleep Society) and Tuuliki Hion (Estonian Sleep Society), respectively. Subsequently, Julia Bicher from Congrex, official Professional Congress Organizer of the ESRS, presented an objective overview regarding infrastructure and costs for both venues. Tallinn received the majority of votes. The results of the vote were:

Tallinn, Estonia: 111

Geneva, Switzerland: 35

The ESRS congress 2014 will be held in Tallinn.

21. Miscellaneous

There were no miscellaneous items raised.

15 December 2010

Reported by Brigitte Knobl