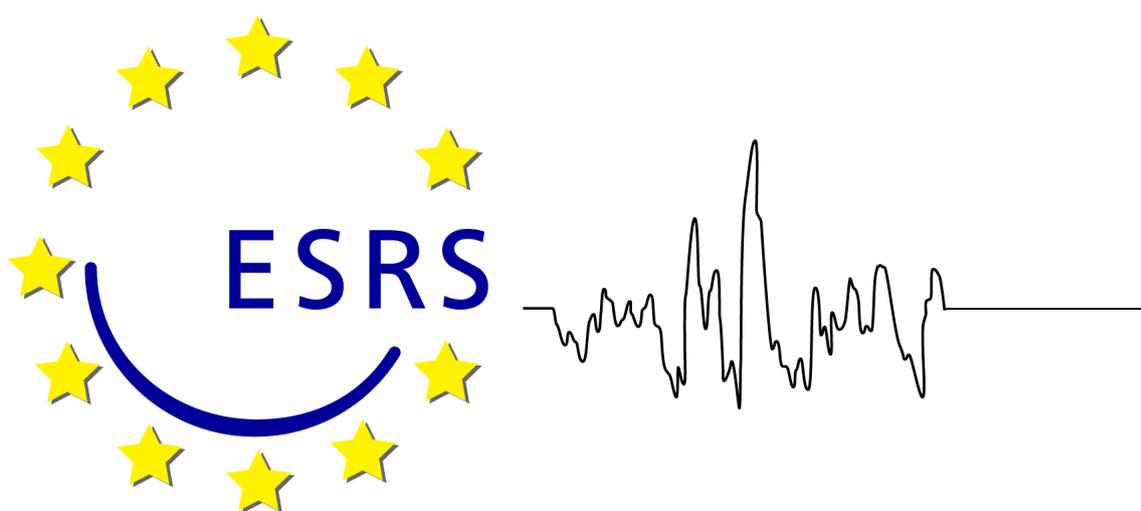
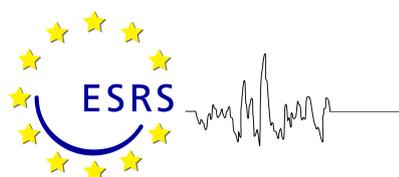


# NEWSLETTER

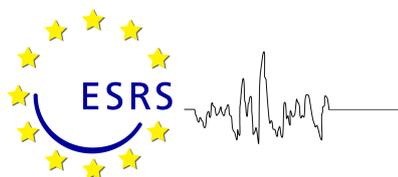
July 2013





## CONTENTS

LETTER FROM THE PRESIDENT .....	3
REPORTS OF THE ESRS COMMITTEES .....	5
ESRS Research Networking Committee (RNC) .....	5
ESRS Scientific Committee (SC) .....	5
ESRS Sleep Medicine Committee (SMC) .....	6
ESRS EU Committee .....	7
ESRS Education Committee (EduComm).....	8
REPORTS OF THE EUROPEAN NETWORKS .....	9
European Insomnia Network (EIN) .....	9
European Narcolepsy Network (EU-NN).....	9
REPORT OF THE ASSEMBLY OF NATIONAL SLEEP SOCIETIES (ANSS) .....	11
ESRS WAKE-UP BUS SLEEP STUDY.....	12
EU DRIVING LICENCE COMMITTEE MEETING, BRUSSELS - JUNE 27, 2013.....	13
SLEEP AND BREATHING CONFERENCE, BERLIN, APRIL 2013 .....	14
NEWS FROM THE ESRS WEBSITE .....	15
ESRS CONGRESS 2014: CALL FOR SYMPOSIA.....	17
ESRS EVENTS .....	18
ESRS SPONSORED EVENTS AND ENDORSED TRAINING / COURSES.....	19
EVENTS OF AFFILIATED NATIONAL SLEEP SOCIETIES .....	20
FUTURE MEETINGS .....	21
NEW MEMBERS.....	23
JOB OPPORTUNITIES .....	25
EUROPEAN SLEEP RESEARCH SOCIETY OFFICERS OF THE ESRS BOARD ..	26
SCIENTIFIC COMMITTEE.....	27



## LETTER FROM THE PRESIDENT

Dear ESRS and ANSS members, Colleagues and Friends,

First of all, let me with this summer ESRS newsletter wish you pleasant and well-deserved escapes after a busy year working in the sleep domain!

However, I am confident that your mind never sleeps and therefore invite you to take some leisure time to think about proposing a symposium for our already approaching 22<sup>nd</sup> ESRS congress in Estonia (Tallinn, September 16-20, 2014). As always, symposia are at the core of the scientific content and highlights of the ESRS congress. All contributions are extremely valued and will receive utmost attention of the organisers and especially of the Scientific Committee, allowing the ESRS to continue to provide our congress attendees the best science in sleep research and sleep medicine.

Tallinn will be also a very important step for the development of European sleep medicine with the organisation of the first regular examination for Somnologists, supervised by the ESRS Sleep Medicine Committee. It will also be preceded by the publication of a reference European Sleep Medicine textbook based on the ESRS Catalogue of Knowledge and Skills for Sleep Medicine, under the supervision of the ESRS Education Committee. Certification of Somnologists at the European level follows the second round of the grand-fathering and grand-mothering procedure for Somnologists conducted on April 11 in Berlin, during the very successful Sleep & Breathing conference jointly organised by the European Respiratory Society (ERS) and the ESRS. The ESRS board is proud to announce that with 72 newly certified experts we have now 123 Expert Somnologists in a large variety of European countries. Tallinn will also be the opportunity to initiate a similar grand-parenting procedure for Sleep Technologists in cooperation with the European Sleep Technologists Association.

Finally, the ESRS continues to be extremely active at the European level in this crucial year before the EU strategic research decisions for the Horizon 2020 programme. The ESRS EU Committee has worked very hard to raise awareness about sleep topics and promote EU support for sleep research and teaching opportunities. In the framework of the "EU Month of the Brain" action, the ESRS has organised the symposium "Networking to Understand Sleep Functions and Dysfunctions - The European Basic and Clinical Sleep Research Towards Horizon 2020" in Brussels (May 3, 2013), an event successfully attended by EU commission directorates and followed by lively discussions. The other main and ongoing European action is the "Wake-up Bus" coordinated by Marta Gonçalves, the ANSS and the ESRS EU Committee. This project features different actions about the risks of sleepiness at the wheel with the Bus travelling over 14 European countries, the organisation of awareness campaigns at the national level in 16 countries, and an online multilingual survey (<http://www.esrs.eu/sleepstudy.html>) now supported by 18

national sleep societies, a huge success! All these actions will culminate with the organisation of a one-day symposium on October 15th at the EU Parliament in Brussels, where parliamentarians and media will be addressed by sleep experts and presented the results of the survey.

Of course, these are only highlights of the current activities of your society, and you will find much more in this newsletter, and more details with the reports of the ESRS Committees and Networks. And finally, let me remind you that the Journal of Sleep Research (JSR) is your best choice journal and a great place for submitting your work for publication. JSR is the perfect place to be read and discussed by people in your field!

With this, I wish you all the best and a pleasant reading of this 2013 July newsletter. Sleep well and keep safe, and do not hesitate to contact me, or any member of the ESRS board with your remarks and suggestions, these will be as usually most welcome.

Sincerely

A handwritten signature in black ink, appearing to be 'P. Peigneux', written in a cursive style.

Philippe Peigneux  
ESRS President



## REPORTS OF THE ESRS COMMITTEES

### ESRS Research Networking Committee (RNC)

#### Members (2012-2014):

Coordinator, Debra J. Skene; vice-coordinator, Walter McNicholas; members, Roberto Amici, Simon Archer, Zoran Dogas, Pierre-Hervé Luppi, Lino Nobili, Renata Riha

In our efforts to improve networking and collaboration between European sleep researchers, the work of the ESRS Research Networking Committee was presented at the annual ANNS meeting in Copenhagen (4-5 May, 2013) where 24 National Sleep Societies (NSS) were represented. The [ESRS Sleep Research Laboratory Database](#) was explained as well as the annual ESRS Travel Grant scheme for young researchers. All ANNS members were encouraged to become part of this Database to strengthen links between Laboratories across Europe and encourage exchange and interaction of researchers. In addition, the ESRS Expert Somnologists who successfully passed the ESRS Examination in Sleep Medicine (Sept, Paris, 2012 and April, Berlin, 2013) have also been asked to include their laboratory details in the ESRS Sleep Research Laboratory Database.

Please do not forget to register your Laboratory on the web database of [European Sleep Research Laboratories](#). For help in submitting your Laboratory details, please go to

[www.esrs.eu/fileadmin/user\\_upload/Labs/Laboratory\\_Submission\\_Guide.pdf](http://www.esrs.eu/fileadmin/user_upload/Labs/Laboratory_Submission_Guide.pdf)

There is power in numbers!

With thanks

Debra J. Skene

### ESRS Scientific Committee (SC)

#### Current Members (2012 – 2014):

Simon Archer (chair), John Axelsson, Tom de Boer, Alex Iranzo, Mayumi Kimura, Raffaele Manni, Tiina Paunio, Renata Riha, Sophie Schwartz.

Not too much has happened since the previous report from the Scientific Committee. The call for symposia proposals for the Tallinn meeting has gone out to members and the Scientific Committee will review these proposals after the deadline in September. The Committee will then make recommendations to the Board and two representatives from the Committee will meet with the Board and the Organising Committee in October to finalise the scientific programme content. The Committee

also continues to provide input into the Research Networking Committee via its two nominated members.

Simon Archer

## **ESRS Sleep Medicine Committee (SMC)**

10 July 2013

### **Current Members (2012 – 2014):**

Ludger Grote, Simone de Lacy, Marie-Pia d'Ortho, Zoran Dogas, Colin Espie, Diego Garcia-Borreguero, Walter McNicholas, Dirk Pevernagie, Thomas Pollmächer, Andrea Rodenbeck, Marco Zucconi, Thomas Penzel (Chair)

The Sleep Medicine Committee has organised the second grandparent examination of Somnologists in Berlin 2013. The examination took place on 11 April 2013 with 72 persons sitting for the exam and all achieved the minimum required number of correct answers. With this we have now 123 European Somnologists.

Regular applications open to all people who studied sleep medicine and also open to all who missed both grandparent rounds will be possible for the next ESRS congress 2014 in Tallinn. Currently the eligibility criteria are finalised by the sleep medicine committee on the basis of the corresponding publication Pevernagie et al. EU Guidelines for the Certification of Professionals in Sleep Medicine: Report of the Task Force of the ESRS. *J. Sleep Research* (2009) 18, 136-141. The rules will be published by the end of the year together with the deadline for submitting applications.

In addition to this, a grandparents round of examination is planned for sleep technologists in close cooperation with the European Sleep Technologist Association. This grandparents round will take place in Tallinn 2014 as well and will include questions and scoring of sleep and associated events.

The "Catalogue of knowledge and skills" publication has been further revised in some details and resubmitted. It is assumed that the publication will become public this year. The catalogue will be the basis for sleep medicine education courses and for a textbook covering all aspects of sleep medicine required to pass the examination successfully. The educational issues are covered by the ESRS Education committee. The next publication will be the update on the sleep centre accreditation. This update will include technical issues and propose a structure for different levels of sleep centres that are currently developing in Europe. We see Sleep centres that cover all aspects of sleep medicine, including rare disorders, and there are Sleep centres which are much more specialised in the most prevalent sleep disorders.

The alignment of the ESRS somnologist certification with the European Respiratory Society (ERS), more specifically the HERMES programme for respiratory sleep medicine, is further continued in order to use synergism. Meetings agreeing on this common procedure with ESRS and ERS delegates took place during the Sleep and Breathing conference in April in Berlin.

Thomas Penzel

## ESRS EU Committee

Report on the activities: April 2013– July 2013

### **Current Members (2012 – 2014):**

Roberto Amici (Chair), Diego Garcia Borreguero (Co-Chair), Marta Gonçalves, Damien Leger, Dieter Riemann

The main aims of the Committee are: i) to bring the topics of “sleep” and “sleep disorders” to the attention of the EU in order to receive support for research and teaching activities; ii) to promote sleep-related issues from a political point of view at a European and National level.

The main achievement of the last four-month period was the Meeting “Networking to Understand Sleep Functions and Dysfunctions -The European Basic and Clinical Sleep Research Towards Horizon 2020”, which was held on May 3 in Brussels. This meeting was part of the programme of the “Month of the Brain”, that was organised in May 2013 at the initiative of the DG Research and Innovation (Health Directorate) of the EU Commission. During the Meeting, several present and past ESRS Board members and officers addressed EU officers from different Commissions and DGs on the ongoing activities and goals of the main European Sleep Research and Sleep Medicine Networks, in terms of the impact on science, health, education and work/road safety. In particular, the need of a specific call on Sleep in the forthcoming Framework Horizon 2020 was addressed. A detailed report of the meeting and all presentations are available on the ESRS website under the heading “Committee & Networks/ EU Committee”.

Moreover, further crucial steps of the project “Wake-up Bus” have been made under the Coordination of Marta Gonçalves (President of the Portuguese Sleep Society and member of the EU Committee) with the EU Committee and the ANSS. The project is aimed at raising awareness among general public of the importance of sleepiness as a one of the main causes of road accidents. The final route and the dates of the “Wake-up” bus have been set. The bus will leave Oporto on October 4th and will get Brussels on October 14th after visiting 10 countries. An awareness campaign will be run by the National Sleep Society of each country visited by the bus. The journey will end with a meeting at the EU Parliament that will be held on October 15th, in which the EU Parliamentarians will be addressed by ESRS officers, ANSS members, and a panel of experts about “sleepiness at the wheel”- related issues. Moreover, the ESRS online European Sleep Study on “Sleepiness and Accidents” is now available online for the 18 countries which agreed to be involved in this project (<http://www.esrs.eu/sleepstudy.html> ). The results of the study will be presented on our ESRS web site and at the EU Parliament.

Roberto Amici

## **ESRS Education Committee (EduComm)**

Report on the planned activities: July 2013

### **Members:**

Zoran Dogas (Chair), Roberto Amici, Claudio Bassetti, Colin Espie, Pierre-Hervé Luppi, Stefan Mihaicuta, Thomas Penzel, Dirk Pevernagie, Debra Skene

The Education Committee has continued its work on standardisation of education in European sleep medicine.

Since Sleep Medicine Committee has finished its work on ESRS Catalogue of Knowledge and Skills (CK&S) for Sleep Medicine Experts, Non-medical Sleep Experts, and Sleep Technologists, EduComm has defined the five Modules and appointed the sleep experts that would serve as Task forces for each Module of the standard education curriculum.

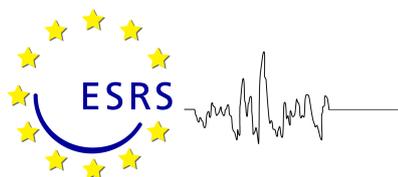
The project of European Sleep Medicine Textbook based on ESRS CK&S has started by developing the Wiley ScholarOne “invited-workflow” system with a great help by Brigitte Knobl. This workflow offers a controlled way to handle contributions and submissions. Further, it presents an efficient way to communicate with the authors of the contributions and send them the relevant review feedback. The S1 system is used for JSR production. This system will be a great help to manage the complex editorial processes, in particular since the book project has to be realised within a tight time schedule. Also, the new/revised editions could be compiled/organised in the same environment. The system could actually be used for other book projects in the future. All invited section editors accepted invitation by the editors (Claudio Bassetti, Zoran Dogas and Philippe Peigneux) and currently the proposed contributors for chapters are being invited. The timeline is carefully planned.

The e-learning Moodle platform has been initially implemented and integrated in the ESRS web environment by the web-developer. Further work on developing this platform is underway and will follow the production of the textbook.

For future ESRS examinations, the EduComm will work closely with the SMC and will form the subcommittee for this purpose.

The Sleep Training Centres (STCs) definition is being discussed with the Sleep Medicine Committee, which is currently working on the revision of the 2006 Accreditation of Sleep Medicine Centres Guidelines. This revision will include description and criteria for European STCs produced in collaboration with EduComm.

Zoran Dogas



## REPORTS OF THE EUROPEAN NETWORKS

### European Insomnia Network (EIN)

The European Insomnia Network had its most recent meeting in Freiburg at the Department of Psychiatry and Psychotherapy from July 10 to 12, 2013. An interesting programme had been put together reflecting the different facets of insomnia research in Europe. One aim of the meeting was to prepare a so-called COST application to be funded by the EU. Cost programmes are not aiming at funding research, but serve primarily to support networking in certain fields of research and medicine. It will be the aim of this initiative to obtain funding for supporting the activities of the European Insomnia Network. This goal will be pursued by Dieter Riemann when putting together the COST application with several colleagues from Europe in the next two months.

The meeting in Freiburg hosted guests and speakers from the Netherlands, the UK, Spain, Sweden, Italy, Switzerland and Germany. Other activities discussed included the creation or further development of epidemiological databases like, for example, the already established SLEEPPIO or the Netherlands sleep registry.

Freiburg, July 15, 2013

Dieter Riemann

### European Narcolepsy Network (EU-NN)

March 2012 – March 2013

The 4th European Narcolepsy Day (END) was held in Madrid, March 16-17, chaired by Dr. R. Peraita-Adrados (see [www.narcolepsy-international.org](http://www.narcolepsy-international.org)). A multidisciplinary audience of around 200 people, from 11 European countries followed the meeting. The speakers presented state of the art presentation and/or hot topics concerning physiopathology, genetics, metabolic aspects, and childhood narcolepsy with cataplexy. Data from our retrospective and prospective EU-NN databases were presented. The retrospective database study has also been accepted for publication by the Journal of Sleep Research, and provides clinical information on the largest cohort of narcolepsy patients ever studied.

The 'Day of the Patient' was another feature of the meeting. Patients met with representatives from six European countries in an attempt to gather in a European network of patient associations, which will bring many benefits to those suffering this disease, in terms of therapies and work issues. One of the first actions to be taken is the building of a website.

Dr. Francesca Poli from the University of Bologna was the recipient of the EU-NN 2013 Young Scientist Award with the publication: "High prevalence of precocious puberty and obesity in childhood narcolepsy with cataplexy". Poli F et al. Sleep, 2013; 36:175-81.

During the EU-NN Assembly (also in Madrid), three board members stepped down (C Bassetti, G Mayer and Y Dauvilliers), and R Peraita-Adrados and M Partinen were elected as new members of the Board. GJ Lammers will remain president for one additional year. The Assembly participants elected Copenhagen as the site for the 5th END in March 2014. P. Jennum will organise the meeting. The next Assembly will also be held in Copenhagen.

The EU-NN currently has 23 affiliated laboratories, and is still growing. Besides the publication on the retrospective database, there have been two other recent publications on behalf of the EU-NN: in the J Sleep Res on narcolepsy and pregnancy, and in 'Vaccine on Narcolepsy as an adverse event following immunization: case definition and guidelines for data collection, analysis and presentation'.

For more information, including a list of affiliated laboratories, see our website: <http://www3.unil.ch/wpmu/eunn/> .

On behalf of the EU-NN,

Gert Jan Lammers, President



## **REPORT OF THE ASSEMBLY OF NATIONAL SLEEP SOCIETIES (ANSS)**

March to July 2013

The EC of the ANSS has met two times in Copenhagen (May 2013) and in Sibiu (June 2013). The activities can be summarised as follows:

The main activity during the last period was the organisation of the Annual ANNS meeting in Copenhagen. Twenty-four National Sleep Societies (NSS) and the majority of the ESRS board followed the invitation of the Danish Sleep Society (we would like to thank our hosts Stine Knudsen and Poul Jennum for their wonderful job) which was one of the strongest participations in the history of the ANSS meetings. During the 2 days, we discussed intensively the different new developments in the NSS, education and certification procedures in Europe, and reimbursement issues for sleep medicine services in Europe. The ESRS board members reported on the diversity of ESRS activities relevant for sleep research and sleep medicine development in Europe. For example, the continued developments for certification of sleep medicine experts (physicians, psychologists, scientists and sleep technologists) were explained and discussed. The Catalogue of Knowledge and Skills has been further improved and the consequences for educational procedures in the NSS were discussed. The new ESRS Educational Committee was introduced to the NSS. Finally, we had excellent possibilities for informal exchange of ideas and thoughts during the meeting.

The ANSS has a continued involvement of the EU Bus Project, which was the second major activity during the last term. This project is a collaborative effort between the EU committee, the ESRS board and the ANSS.

Ludger Grote, Chair

on behalf of the Executive Committee, Assembly of National Sleep Societies



## ESRS WAKE-UP BUS SLEEP STUDY

The ESRS aims to raise awareness at the EU level of the importance of sleepiness as a one of the main causes of road accidents and stimulate further activities at the level of the National Sleep Societies in Europe. In this respect, the ESRS is currently organizing the Wake-Up Bus project, a European wide awareness campaign and study on sleep research to be presented to Parliament in Brussels on 15 October, 2013. As part of the project, 18 European sleep societies are currently participating in an online sleep study targeted at drivers in Europe. The organising Committee asks you please to support this important project by completing the brief [survey](#) and sharing the link [www.esrs.eu/sleepstudy](http://www.esrs.eu/sleepstudy). The next phase of this project kicks off on October 3rd as the Wake-Up Bus begins its journey from Oporto to Brussels. For the most up to date information on the ESRS Wake-Up Bus project follow ESRS\_sleep on Twitter.



## **EU DRIVING LICENCE COMMITTEE MEETING, BRUSSELS - JUNE 27, 2013**

The topic of Sleep Apnoea and Driving was a major agenda item at the recent meeting of the EU Driving Licence Committee Meeting held in Brussels on June 27th. The report of the Working Group on Obstructive Sleep Apnoea and Driving was discussed, following a slide presentation on the topic by the Working Group Chair, Prof. Walter McNicholas. The Transport and Mobility Commission of the EU established this working group in spring 2012, which included experts in OSA from 17 EU member states. The report recommends the inclusion of obstructive sleep apnoea syndrome (OSAS) as a specified medical disorder in Annex III of the EU Driving Licence Directive.

The report also recommends that Member States establish a screening strategy to facilitate identification of drivers at risk for OSAS, and also Information and Education programmes on OSAS and its consequences that would be directed at agencies such as the Police and major employers in the Transport Industry. Specific criteria for the provision of a driving license to OSAS patients were recommended, particularly to restrict untreated patients with moderate or severe OSAS associated with sleepiness sufficient to impair driving safety. However, a driving licence could be issued to applicants or drivers with moderate or severe OSAS who show adequate control of their condition and compliance with medical treatment confirmed by authorised medical opinion.

The report was very well received by the Driving Licence Committee and there was unanimous support by members who spoke in subsequent discussions. Thus, it is anticipated that OSAS will shortly be added to Annex III. This development will have major implications for patients with OSAS and also for the clinicians who treat patients with the disorder.

Walter McNicholas



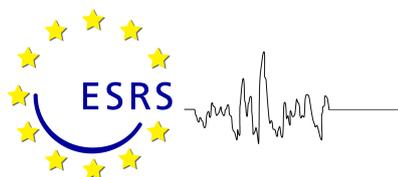
## **SLEEP AND BREATHING CONFERENCE, BERLIN, APRIL 2013**

The growing interest and multi-disciplinary nature of sleep-related respiratory disorders has prompted the ESRS to collaborate with the European Respiratory Society (ERS) in the development of a bi-annual meeting on the topic of sleep and breathing. The second of these meetings was held in Berlin in April 2013 over 3 days, and was attended by close to 1,100 delegates. The primary purpose of the meeting was educational, with the objective to bring together international experts in different aspects of sleep and breathing to provide a comprehensive update on the topic. The meeting was structured to provide a mix of major and specialised symposia, case-based interactive discussions, practical teaching demonstrations, and small group interactive “Meet the Professor” sessions. Poster discussion sessions also provided the participants with the possibility of presenting their original research, all of which had been subjected to a prior peer-review process.

While the principal focus of the meeting was sleep-related breathing disorders, the programme also included symposia on non-respiratory topics including insomnia, narcolepsy and periodic leg movement disorders. These symposia were of a very high calibre, reflecting the input of ESRS to the programme, and proved very popular, which reflects the fact that Respiratory Specialists treating sleep-related breathing disorders also encounter patients with non-respiratory sleep disorders, typically as co-existing or alternative diagnoses to sleep apnoea.

The Berlin meeting also had several symposia organised in collaboration with other major European Societies, including the European Society of Cardiology, European Society of Hypertension, European Association for the Study of Diabetes, and the European Association for the Study of Obesity, reflecting the high prevalence of cardiovascular and metabolic co-morbidities among patients with OSAS. Several non-respiratory symposia were organised in collaboration with societies such as the European Psychiatric Association and the European Neurological Society. The meeting programme was very full with a total of 30 sessions, organised as plenary or parallel sessions. A particularly impressive feature of the meeting was the high level of attendance, with some plenary sessions attracting over 800 delegates. The next Sleep and Breathing meeting is planned for Spring 2015, venue yet to be decided.

Walter McNicholas



## NEWS FROM THE ESRS WEBSITE

### Requesting a new password

In case you cannot remember your password, please use our new “Forgot your password” function at <http://www.esrs.eu/membership-services.html>.

**Membership & Services**

- [Membership information](#)
- [Join now](#)
- [European Sleep Research Laboratories](#)

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**User login**

Enter your username and password here in order to log in on the website:

Login

Username:

Password:

[Forgot your password?](#)

After clicking the link, a new page will display where you can enter your username or email address to request a new password. Instructions for resetting the password will be immediately emailed to you.

**Forgot your password?**

Please enter your username or email address. Instructions for resetting the password will be immediately emailed to you.

Reset Password

Username or email address:

### Resetting a password in the account

To change your password, sign in to <http://www.esrs.eu/membership-services.html> and click “Enter Account Information”. Enter your new password in the password field and then repeat it in the next field. Click “Change Password” to save the changes.

Membership information ▶	<b>Edit Account Information</b>
European Sleep Research Laboratories ▶	
Online payment ▶	
<b>Edit Account Information ▶</b>	
Applicants List ▶	
Members List ▶	
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Journal of Sleep Research (free ▶)	
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	Password (repeat) <input type="password"/>
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### **Newsletter subscription for Members of the Associated National Sleep Societies (ANSS)**

Members of national sleep societies associated to the ESRS can subscribe to the ESRS newsletter at <http://www.esrs.eu/index.php?id=168>.



## Call for Symposia

***Deadline for receipt of proposals is 13 September 2013***

The success of the next ESRS Congress in Tallinn, Estonia will again strongly be influenced by the symposia topics. With the ***call for symposia*** all members of ESRS are invited to contribute to the programme by proposing a symposium for the 22<sup>nd</sup> congress of the ESRS.

The following criteria and procedures will apply:

Symposia should be clearly different from an oral presentation session, in that they should have an integrative nature. This should apply to the topic of the symposium, but preferably also to the integration of clinical, basic human and animal work. We especially encourage proposals for such integrative symposia. Note that only symposia meeting the formal requirements shall be considered. The ESRS Scientific Committee, the ESRS Board and the Local Organising Committee will evaluate and select the proposals.

Symposia proposers must be ESRS members and willing to chair the symposium. The Co-Chair will be nominated by the ESRS Board. The same person cannot chair two symposia. At least 50% of the speakers in the symposium must be ESRS members. Please note that each speaker can only participate in one symposium, without exception. If the final selection of symposia includes two or more contributions by the same speaker, the Board will contact the respective chairpersons to solve this problem.

The duration of each symposium is 2 hours. There should be no more than 4 speakers, so that there is time for a short introduction and a comprehensive, final discussion as well as for questions and/or voting. Note that speakers proposed for your symposium should have agreed to participate. The 4 speakers should come from different institutions or at least clearly different laboratories if two speakers are coming from the same entity.

Proponents are kindly requested to inform the speakers that no financial support is provided by the ESRS to symposium participants, and that congress registration fee is not waived.

Please send your proposals by email to the ESRS Administrative Secretariat, at [nastasia.mouttet@congrex.com](mailto:nastasia.mouttet@congrex.com).

Your proposals should arrive per email **not later than 13 September 2013**. No other way of delivery, other than electronically, will be accepted. Each submission will be acknowledged by return email.



## ESRS EVENTS

### 22<sup>nd</sup> Congress of the European Sleep Research Society

Date: September 16 - 20, 2014  
Venue: Tallinn, Estonia  
Website: [www.congrex.ch/esrs2014](http://www.congrex.ch/esrs2014)

[Click here to download Call for Symposia](#)



### Worldsleep 2015 - 7th World Congress of the World Sleep Federation Congress hosted by the ESRS

Date: October 31 – November 3, 2015  
Venue: Istanbul, Turkey  
Website: [www.congrex.ch/worldsleep2015](http://www.congrex.ch/worldsleep2015)





## ESRS SPONSORED EVENTS AND ENDORSED TRAINING / COURSES

### ESRS-EBRS Joint Symposium

to be held during the [XIII Congress of the European Biological Rhythms Society \(EBRS\)](#)

Date: August 20, 2013  
 Venue: Munich, Germany  
 Website: [www.ebrs-online.org/ebrs2013.html](http://www.ebrs-online.org/ebrs2013.html)  
 Programme: [EBRS-ESRS Joint sym prog](#)

#### Chaired by:

Philippe Peigneux (ESRS President)  
 Debra J. Skene (ESRS and EBRS Vice-President)



### 2nd Alpine Sleep Summer School

Date: August 26 - 30, 2013  
 Venue: Ljubljana, Slovenia  
 Website: [www.sleep-summer-school.ch/2013/](http://www.sleep-summer-school.ch/2013/)  
 Programme: [asss program 2013](#)

#### Organising Committee:

Claudio L. Bassetti (Chair), Luigi-Ferini Strambi, Patrick Levy, Thomas Pollmächer (Co-chairs)

#### Local Organising Committee:

Leja Dolenc-Groselj (Chair)

### Sleep and Rhythms in Medicine

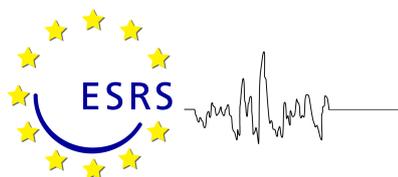
Date: October 15 - 16, 2013  
 Venue: Padova, Italy  
 General Information and Programme: [Sleep and Rhythms in Medicine 2013](#)

#### Organising Committee:

Sara Montagnese, Angelo Gatta e Rodolfo Costa, University of Padova, Italy  
 Debra J Skene, University of Surrey, UK  
 Lino Nobili, Ospedale Niguarda, Milano, Italy

### ISMC 2013 - International Sleep Medicine Course

Date: November 6 - 9, 2013  
 Venue: Blankenberge, Belgium  
 Announcement: [ISMC 2013 1st Announcement](#)



## **EVENTS OF AFFILIATED NATIONAL SLEEP SOCIETIES**

### **7th International Workshop "Sleep: A Window to the World of Wakefulness"**

co-organised by the Russian Society of Somnologists

Date: October 10 –11, 2013

Venue: Rostov-on-Don, Russia

General Information: [Rostov 2013 sleep workshop](#)

### **25th Anniversary Scientific Meeting of British Sleep Society (BSS)**

Date: October 17 –19, 2013

Venue: Edinburgh, Scotland, UK

Website: [www.edinburghsleep2013.co.uk/](http://www.edinburghsleep2013.co.uk/)

### **21st Annual Meeting of the German Sleep Society (DGSM)**

Date: October 17 –19, 2013

Venue: Wiesbaden, Germany

Website: [www.dgsm-kongress.de](http://www.dgsm-kongress.de)

Programme: [DGSM2013 Hauptprogramm.pdf](#)

### **5th National Congress of the Hellenic Sleep Research Society**

Date: November 22 –24, 2013

Venue: Athens, Greece



## FUTURE MEETINGS

### XIII Congress of the European Biological Rhythms Society (EBRS)

Date: August 18 – 22, 2013  
 Venue: Munich, Germany  
 Website: [www.ebrs-online.org/](http://www.ebrs-online.org/)

The ESRS-EBRS Symposium will be held on August 20, 11:00 - 13:15.



### XXI World Congress of Neurology 2013 (WCN 2013)

Date: September 21 – 26, 2013  
 Venue: Vienna, Austria  
 Website: [www2.kenes.com/wcn/Pages/Home.aspx](http://www2.kenes.com/wcn/Pages/Home.aspx)



### Sixth Conference of the Canadian Sleep Society: "Make time 4 sleep"

Date: October 4 – 6, 2013  
 Venue: Halifax, Nova Scotia, Canada  
 Website: [www.canadiansleepsociety.ca/publisher/articleview/frmArticleID/364/](http://www.canadiansleepsociety.ca/publisher/articleview/frmArticleID/364/)

### Seventh Annual Pediatric Sleep Medicine Conference

Date: November 7 – 10, 2013  
 Venue: Amelia Island, Florida, U.S.A.  
 Website: [www.pedsleepmedconference.com/conference](http://www.pedsleepmedconference.com/conference)

### Behavioural Treatments of Sleep Disorders

Date: November 22 – 23, 2013  
 Venue: Freiburg, Germany  
 Flyer: [FFAP\\_VM\\_SCHLAF\\_Programm.pdf](#)

### **SomnoAlert 2014 - International Conference on Somnolence Alerting Systems**

Date: February 24 – 25, 2014

Venue: Brussels, Belgium

General Information: [www.somnosafe.com/somnoalert](http://www.somnosafe.com/somnoalert)

Call for Papers: [somnoalert\\_cfp](#)

Deadline for submitting papers: 16 September 2013

SomnoAlert is a new, peer-reviewed, science and engineering conference focused on the fundamentals, design, implementation, test, validation, and use of systems for characterising the level of somnolence of a subject carrying out a task, and for issuing timely alerts for preventing accidents.

### **Gordon Research Conference on "Sleep Regulation & Function"**

Date: March 16 – 21, 2014

Venue: Galveston, Texas, U.S.A.

Website: [www.grc.org/conferences.aspx?id=0000843](http://www.grc.org/conferences.aspx?id=0000843)

Chair Contact Info: [www.grc.org/chairs.aspx?meeting=16791](http://www.grc.org/chairs.aspx?meeting=16791)

Online Application: [www.grc.org/application.aspx?id=16791](http://www.grc.org/application.aspx?id=16791)

Registration Information: [www.grc.org/regpay.aspx](http://www.grc.org/regpay.aspx)



## NEW MEMBERS

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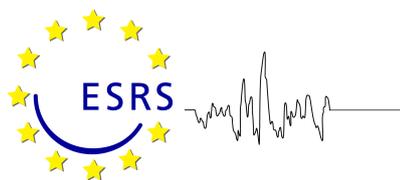
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## **JOB OPPORTUNITIES**

Job opportunities can be accessed through the ESRS website at:

[www.esrs.eu/education-career/job-opportunities.html](http://www.esrs.eu/education-career/job-opportunities.html)

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