

NEWSLETTER

September 2018





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FINAL LIST OF CANDIDATES FOR THE ESRS BOARD AND ESRS SCIENTIFIC COMMITTEE

In the course of the upcoming Business Meeting in Basel, new members for the Board and Scientific Committee will need to be elected.

All ESRS members have been invited to nominate candidates according to the rules established by the bylaws. The following nominations were received by the Secretary by the deadline of September 12, 2018:

A. Board candidates who renew a 2-years term in the same position

1. President

- a) **Walter McNicholas** (Dublin, Ireland) has accepted to be candidate for another two years term.

Previous activities in the ESRS:

- President: 2016-2018
- Vice-President Clinical: 2012-2016
- Joint Chair, ESRS-ERS Sleep and Breathing Conferences: 2011, 2013, 2015, 2017
- Sleep Medicine Committee (Vice Co-Ordinator): 2012 - 2016
- Research Networking Committee (Vice Co-Ordinator): 2012 - 2016
- ANSS EU Committee (ESRS Road Safety Task Force): 2012 - 2018
- Sleep Apnoea Network (Steering Committee Member): 2007 - 2018
- Assembly of National Sleep Societies (Member, as Irish Sleep Society President): 2006 - 2012

- b) No other candidacies have been received by the Secretary.

2. Vice-President Clinical

- a) **Tiina Paunio** (Helsinki, Finland) has accepted to be candidate for another two years term.

Previous activities in the ESRS:

- Vice-President Clinical: 2016 - 2018
- Assistant-Secretary: 2014 - 2016
- Education Committee (Coordinator): 2014 – 2018
- Examination Subcommittee (Coordinator): 2014 – 2018
- Scientific Committee (Member): 2012 - 2014

- b) No other candidacies have been received by the Secretary.

3. Treasurer

- a) **Hans-Peter Landolt** (Zurich, Switzerland) has accepted to be candidate for another two years term.

Previous activities in the ESRS:

- Treasurer: 2016 - 2018
- Scientific Committee (Member): 2004 - 2008
- Co-organizer of the 3rd European Course in Basic and Clinical Sleep Research in Zürich: 2005
- Site leader of the EU-ESRS „Marie Curie“-Project Training in Sleep Research and Sleep Medicine: 2007 - 2010
- Member of the ESRS since 1996

- b) No other candidacies have been received by the Secretary.

B. Novel board position candidates

4. Vice-President Basic

- a) **Tom de Boer** (Leiden, The Netherlands) has accepted to be candidate for Vice-President Basic.

Nationality: Dutch

Position: Associate Professor

Institute: Laboratory for Neurophysiology
Department of Cell and Chemical Biology
Leiden University Medical Center

Address: LUMC S-05-P
PO Box 9600
2300 RC Leiden
The Netherlands

Phone: +31+71 526 9771

E-mail: Tom.de_Boer@lumc.nl

Expertise: Basic animal

Fields of interest: Sleep homeostasis, circadian, suprachiasmatic nucleus, neuronal activity, body/brain temperature

Previous activities in the ESRS:

- Assistant-Secretary: 2016 - 2018
- Research Networking Committee (Member): 2016 - 2018
- Scientific Committee (Co-Chair): 2014 - 2016
- Scientific Committee (Member): 2012 - 2014
- Associate Editor of the Journal of Sleep Research: 2008 - present
- Member of the ESRS since 1996

Proposed by: Walter McNicholas (Dublin, Ireland), on behalf of the ESRS Board

- b) No other candidacies have been received by the Secretary.

5. Secretary

- a) **Pierre-Hervé Luppi, PhD** (Lyon, France) has accepted to be candidate for Secretary.

Nationality: French

Title: PhD, Director of Research (DR1) CNRS

Position: Head of the "SLEEP" team at the CRNL (Center of Neuroscience of Lyon)

Institute: UMR 5292 CNRS/U1028 INSERM
Université Lyon I
Faculté de Médecine Laënnec

Address: 7, Rue Guillaume Paradin
F-69372 Lyon, Cedex 08, France

Phone +33 4 78 77 10 40

E-mail: luppi@sommeil.univ-lyon1.fr

Expertise: Neuroanatomy, electrophysiology, pharmacology, optogenetic

Fields of interest: Identification of the neuronal network responsible for paradoxical sleep, function of paradoxical sleep

Previous activities in the ESRS:

- Vice-President (Basic): 2014 - 2018
- Secretary: 2012 - 2014
- Research Networking Committee (Coordinator): 2014 - 2018
- Research Networking Committee (Member): 2012 – 2014
- ESRS ANSS EU Committee (Member): 2014 - 2018
- Education Committee (Member): 2012 – 2018
- Web Committee (Member): 2018

Proposed by: Walter McNicholas (Dublin, Ireland), on behalf of the ESRS Board

- b) No other candidacies have been received by the Secretary.

6. Assistant-Secretary

- a) **Raffaele Manni** (Pavia, Italy) has accepted to be candidate for Assistant-Secretary.

Nationality: Italian

Title: MD

Position: Head of The Unit of Sleep Medicine and Epilepsy, Department of Clinical Neurophysiology

Institute: National Institute of Neurology, IRCCS C. Mondino Foundation, Pavia, Italy

Address: National Institute of Neurology, IRCCS C. Mondino Foundation, Via Mondino 2, Pavia, Italy

Phone +39 (0) 3823801

E-mail: raffaele.manni@mondino.it

Expertise: Human, Clinical Neurology, Sleep disorders and Epilepsy
Fields of interest: Insomnia and Circadian Disorders, Parasomnias, Narcolepsy, Sleep and circadian rhythms in neurological diseases, namely Epilepsy and Neurodegenerative Diseases
Previous activities in the ESRS:
 • Member of the Scientific Committee: 2010-2014
Proposed by: Lino Nobili (Genova, Italy), on behalf of the Italian Association of Sleep Medicine

b) No other candidacies have been received by the Secretary.

C. Nominations for the Scientific Committee (composed of 9 members)

The following members of the ESRS Scientific Committee are eligible for a second two years term and have accepted to run for re-election:

- | | |
|--|------------|
| 1. Ludger Grote (Human Clinical) | since 2016 |
| 2. Reto Huber (Basic Human and Animal Sleep Research) | since 2016 |
| 3. Christoph Nissen (Basic Human and Clinical Sleep Research) | since 2016 |
| 4. Giovanna Zoccoli (Basic Animal) | since 2016 |

New candidates:

5. **Kerstin Hoedlmoser, PhD** (Salzburg, Austria)
- Nationality:** Austrian
Position: Professor
Institute: Laboratory for Sleep, Cognition and Consciousness Research, Centre for Cognitive Neuroscience (CCNS), Department of Psychology, University of Salzburg
Address: Hellbrunnerstr. 34
 A-5020 Salzburg
 AUSTRIA
Phone: +43-662-8044-5143
E-mail: kerstin.hoedlmoser@sbq.ac.at
Expertise: Human Basic
Fields of interest: Sleep and memory consolidation over the lifespan, Sleep in children, Motor learning, Psychology of sports and exercise, Primary Insomnia, Neurofeedback - Training
Nomination: Philippe Peigneux (Brussels, Belgium)
6. **Anita Lüthi, PhD** (Lausanne, Switzerland)
- Nationality:** Swiss
Position: Associate Professor
Institute: University of Lausanne
Address: Rue du Bugnon 9
Phone: +41 21 692 5294

E-mail: anita.luthi@unil.ch
Expertise: Basic mouse sleep research
Fields of interest: Sleep-wake circuits, arousability, sensory processing, infraslow time scales, sleep spindles, cellular mechanisms, optogenetics, chemogenetics
Nomination: Hans-Peter Landolt (Zurich, Switzerland)

7. Daniel Neu, MD, MHsc, PhD (Brussels, Belgium)

Nationality: German and Luxembourgian
Position: Head of Unit - Coordinating Physician of the Sleep Laboratory & Unit for Clinical Chronobiology
Institute: Brugmann University Hospital (Université Libre de Bruxelles)
Address: Arthur Van Gehuchten Square, B-1020 Brussels, Belgium
Phone: +32/(0)2/4772554
E-mail: Daniel.NEU@chu-brugmann.be
Expertise: Human Clinical
Fields of interest: sleep EEG, sleep apnea (OSA), mouvement disorder, insomnia, hypersomnia, parasomnia, circadian rhythms, restorative functions of sleep, sleep bruxism, clinical neurophysiology, clinical neuropharmacology
Nomination: Philippe Peigneux (Brussels, Belgium)

8. Christina Schmidt, PhD (Liège, Belgium)

Nationality: Belgian
Position: FNRS Research Associate
Institute: GIGA-CRC in Vivo Imaging
 University of Liège
Address: Allée du 6 Août n°8
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 B-4000 Liège
Phone: +3243662304
E-mail: christina.schmidt@uliege.be
Expertise: Human Basic
Fields of interest: Human chronobiology; sleep, circadian rhythms and cognition; sleep, circadian rhythms and brain imaging; sleep, circadian rhythms and ageing
Nomination: Gilles Vandewalle (Liège, Belgium)

9. Vladyslav V. Vyazovskiy, PhD (Oxford, United Kingdom)

Nationality: Ukrainian/ British
Position: Senior Research Fellow, Associate Professor of Neuroscience
Institute: University of Oxford,
 Department of Physiology, Anatomy and Genetics

Address: Sherrington Building, Parks Road, Oxford, OX1 3PT, United Kingdom

Phone: +44 (0) 1865 618676

E-mail: vladyslav.vyazovskiy@dpag.ox.ac.uk

Expertise: Basic Animal

Fields of interest: Neurobiology of sleep and circadian rhythms, ageing, cortical/subcortical mechanisms of sleep regulation, metabolism, transgenic mouse models relevant for neuropsychiatric and neurodegenerative disorders, mathematical modelling of sleep

Nomination: Tom de Boer (Leiden, The Netherlands)



CANDIDATES TO HOST THE ESRS 2022 CONGRESS

A. Athens

1. Place: Megaron Athens International Conference Centre (MAICC), Athens, Greece
2. Local Organizer: Professor Dimitrios Dikaios MD, President of the Hellenic Sleep Research Society (HSRS)
3. Proposed dates: 27 - 30 September 2022 (on 1st option) or 13 – 16 September 2022 (on 2nd option only)
4. National Society: Hellenic Sleep Research Society (HSRS)

B. Dublin

1. Place: The Convention Centre Dublin, Ireland
2. Local Organizer: Dr Silke Ryan MD, PhD
3. Proposed dates: 6 - 9 September 2022 or 13 - 16 September 2022
4. National Society: Irish Sleep Society



FENS: CALL FOR IDEAS FOR ACTIVITIES IN 2020

FENS and its partners invite scientists at all career stages and from all neuroscience domains to support FENS educational and training programme in 2020 by providing suggestions for topics and themes.

This call for ideas represents an open channel for FENS members to propose topics that should be considered for educational and training activities in 2020. In this manner, members may directly influence the direction and content of FENS training opportunities and programmes and thereby actively take part in shaping European neuroscience education.

Your ideas are welcome for the following activities in 2020:

- [CAJAL Advanced Neuroscience Training Programme](#)
- [FENS Summer and Winter Schools](#)
- [Brain Conferences](#)

Deadline: **1 October 2018**

We look forward to receiving your input and would encourage you to share this call with the members of the European Sleep Research Society.

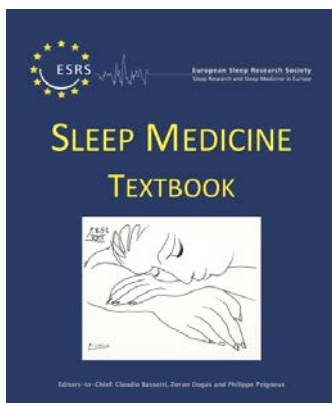
[Submit your idea](#)

Kind regards,

FENS Committee of Higher Education and Training (CHET)



SLEEP MEDICINE TEXTBOOK



Editors: Claudio Bassetti, Zoran Dogas, Philippe Peigneux

Publisher: European Sleep Research Society (ESRS)

Regensburg, 2014

ISBN: 9781119038931

The Sleep Medicine Textbook provides comprehensive, all-in-one educational material (550 pages) structured around the [Catalogue of knowledge and skills for sleep medicine](#) (Penzel et al. 2014, [Journal of Sleep Research](#)). Written by experts in the field and published by the ESRS, it provides a European approach to sleep medicine education, and represents the knowledge base for the ESRS-endorsed sleep medicine examinations.

Endorsed by ERS

Download free sample chapter: [B.1. Classification of sleep disorders](#)

ESRS Members* ESRS Early Career Research Network (ECRN) Non-Members**

Price per copy	€ 140	€ 120	€ 155
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* As a courtesy of ESRS, members of the [Associate National Sleep Societies](#) (ANSS), the [European Biological Rhythms Society](#) (EBRS) and the [European Respiratory Society](#) (ERS) benefit from the reduced price.

** ECRN members benefit from the student price (see conditions).

BOOK ORDER

Fax/ email this form to Maria Wiechmann (ESRS Office) +49 941 29080975 / maria.wiechmann@esrs.eu

I hereby order _____ copy/ copies of the

Sleep Medicine Textbook (Editors: Claudio Bassetti, Zoran Dogas, Philippe Peigneux) at copy price

€ 140 (ESRS, ANSS, EBRS and ERS members) € 120 (ECRN members) € 155 (non-members)

I am a member of:

ESRS ANSS* EBRS* ERS*

* Please include a membership certificate.

ESRS-ECRN **

** Reduced price for ESRS members during studentship and 5 years after having received a degree as PhD or MD. Please include appropriate certificates.

Payment method

Master Card Am. Exp. Visa Diners Bank Transfer

Credit cards: will be debited at the time of expedition only

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Email address: _____

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ESRS EVENTS

24th Congress of the European Sleep Research Society

Date: September 25 – 28, 2018
Venue: Basel, Switzerland
Website: www.esrs-congress.eu/2018.html



Sleep and Breathing 2019

Date: April 11 – 13, 2019
Venue: Marseille, France
Website: <https://sleepandbreathing.org/>

The fifth international conference organised by the European Respiratory Society (ERS) and the European Sleep Research Society (ESRS)



Important dates:

31 October 2018: Abstracts submission deadline
31 January 2019: Early bird registration closes

[Register now for early-bird discount](#)

[Submit an abstract](#)

[View the advance programme](#)



ESRS ENDORSED TRAINING, COURSES & EVENTS

XXVIII Congresso Nazionale AIMS

organized by the Italian Sleep Medicine Society / Associazione Italiana di Medicina del Sonno (AIMS)

Date: October 4 – 6, 2018
Venue: Taormina, Italy
Website: www.avenuemedia.eu/event/xxviii-congresso-nazionale-aims/
Programme: www.esrs.eu/uploads/tx_mnmesrscal/Programma_AIMS_2018.pdf

CAS Certificate of Advanced Studies in Sleep, Consciousness and Related Disorders

Academy of Sleep and Consciousness (ASC)

Date: October 18, 2018 – July 6, 2019
Venue: Bern – Lugano – Wengen, Switzerland
Website: www.asc.unibe.ch/
General Information & Programme: www.esrs.eu/...SleepMaster_5.2018.pdf

Project "Sleep & Psyche"

Date: October 19 – 20, 2018
Venue: Naples, Italy
Programme: https://www.esrs.eu/.../ProgettoSonnoPsiche_Napoli.pdf

Date: October 26 – 27, 2018
Venue: Milan, Italy
Programme: <https://www.esrs.eu/.../ProgettoSonnoPsicheMilano.pdf>

Date: November 23 – 24, 2018
Venue: Rome, Italy

Date: January 25 – 26, 2019
Venue: Abano Terme (Padova), Italy

Website: <https://www.progettosonnoepsiche.it/>



OTHER TRAINING & COURSES

ILAE VIREPA Epilepsy and Sleep – Advanced Course

Online course: 3rd edition – 2018/2019

Date: October 12, 2018 – April 28, 2019

Website: www.ilae.org/education/virtual-epilepsy-academy-virepa

Course flyer: www.ilae.org/files/dmfile/Announce_Epi_Sleep-Adv.pdf

Course Schedule: www.ilae.org/.../...3-Course-schedule-2018---2019.pdf

Course Directors: Dr. Al de Weerd and Dr. Lino Nobili



EVENTS OF AFFILIATED NATIONAL SLEEP SOCIETIES

XXVIII Congresso Nazionale AIMS

organized by the Italian Sleep Medicine Society / Associazione Italiana di Medicina del Sonno (AIMS)

Date: October 4 – 6, 2018

Venue: Taormina, Italy

Website: <http://www.avenuedia.eu/event/xxviii-congresso-nazionale-aims/>

Programme: http://www.esrs.eu/uploads/tx_mnmesrscal/Programma_AIMS_2018.pdf

26th Annual Meeting of the German Sleep Society

Date: October 11 – 13, 2018

Venue: Nuremberg, Germany

Website: www.dgsm-kongress.de/



FUTURE MEETINGS

Society for Neuroscience (SfN) Meeting

Date: November 3 - 7, 2018
Venue: San Diego, CA, U.S.A.
Website: www.sfn.org/annual-meeting/neuroscience-2018...202018

XVII Latin American Federation of Sleep Societies Congress 2018

Date: November 9 – 11, 2018
Venue: Punta del Este, Uruguay
Website: www.congresoflass.com/
Registration: www.congresoflass.com/producto/inscripcion-a-congreso-flass-2018/

Place this code - ESRS - to get a discount of 40 USD on the purchase.

Promote Code: [Use now](#)

FENS Regional Meeting

Date: July 10 - 13, 2019
Venue: Belgrade, Serbia
Website: www.fensfrm2019.rs/
Call for symposia: www.fensfrm2019.rs/symposia

Key dates:

Extended deadline for symposium proposal submission: **20 September 2018**

Notification of selected symposia: **25 October 2018**



NEW MEMBERS

The Society welcomes the following new members:

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Gandis G Mazeika, MD

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JOB OPPORTUNITIES

Job opportunities can be accessed through the ESRS website at:

www.esrs.eu/education-career/job-opportunities.html

**EUROPEAN SLEEP RESEARCH SOCIETY
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