



European Sleep Research Society

Sleep Research and Sleep Medicine in Europe



European Sleep meets the European Union

"Measuring sleepiness: the need for common European rules"

Annual Meeting of the ANSS in the European Sleep Research Society

Marivaux Hotel Congress & Seminar Centre

Boulevard Adolphe Maxlaan 98 – 1000 Bruxelles/Brussels

Friday, April 29, 2016 - 11.00h - 13.00h

Participants

Coordinators

Philippe Peigneux, President of the European Sleep Research Society (ESRS)

Roberto Amici, Chair of the EU Committee of the ESRS

Liborio Parrino, Chair of the Executive Committee of the Assembly of the European Sleep Research Societies (ANSS)

European Sleep

Board, EU Committee, and Education Committee of the ESRS

Executive Committee of the ANSS

Presidents of the European National Sleep Societies

European Union

DG Mobility and Transport:

Tina Kobilsek, Road Safety Unit, Driving Licences and Qualifications for Professional Drivers

Ivan Lukač, Policy Officer, Road Safety Unit, Driving Licences and Infringement Procedures

Espen Rindedal, Road Safety Unit, Driving Licences and Qualifications for Professional Drivers

DG Research and Innovation:

Catherin Berens, Scientific Officer, Head Sector Neuroscience

Mark Goldammer, Project Officer, Neuroscience Unit

Preliminary Program

Chair: Philippe Peigneux, ESRS President (Brussels), Ivan Lukač (Policy Officer, Road Safety Unit, DG Mobility and Transport)

11.00h - *Philippe Peigneux, ESRS President (Brussels)*

Welcome and addressing notes

11.10h - *Roberto Amici, ESRS EU Committee Chair (Bologna,) and Marta Gonçalves, ESRS Board (Oporto)*

The "Wake-up bus": The first European awareness campaign

11.25h - *Liborio Parrino, ANSS Chair (Parma)*

Insufficient sleep and sleepiness: a public health and social problem

11.35h - *Walter Mc Nicholas, ESRS Board (Dublin)*

The need for new population-based studies on sleepiness in Europe

11.45h - *Dirk Pevernagie, ESRS Education Committee (Kempenhaeghe)*

The need for more education on sleep and sleepiness in Europe

11.55h - *Pierre Hervé Luppi, ESRS Board (Lyon)*

Sleep and sleepiness towards HORIZON 2020

12.05h - *Catherin Berens (Scientific Officer, Head Sector Neuroscience, DG Research and Innovation)*

Horizon 2020 and Brain Research

12.15h - *Ivan Lukač (Policy Officer, Road Safety Unit, DG Mobility and Transport)*

Concluding Remarks

12.20h - **Open Discussion**

13.00h - **Lunch**