10th European Narcolepsy Day

NARCOLEPSY AND ITS BORDERLAND

18-19/05/2019
BERN UNIVERSITY HOSPITAL, INSELSPITAL

IN COLLABORATION WITH:
Dear colleagues, patients, guests and friends,

On behalf of the European Narcolepsy Network (EU-NN), it is my pleasure to invite you to the 10th European Narcolepsy Day, which returns to Switzerland 9 years after the first event took place in Lugano in 2010.

The EU-NN is a non-profit organization whose mission is to increase public awareness about narcolepsy and related diseases and to support initiatives in research, education and management to improve the quality of life for all affected persons. Over the years the EU-NN narcolepsy day has become a unique opportunity for scientists, patients, physicians and healthcare professionals to receive updates and exchange ideas and experiences.

This year’s program, which immediately follows the 16th European Narcolepsy Master Class (Bern, May 17), includes clinical and scientific sessions on the narcolepsy borderland, lectures (“year in review”) on the most recent publications in the field of narcolepsy, short presentations by young investigators on current research projects, and a poster session.

Representatives of national patient organizations will host a joint workshop with clinicians on “quality of life in narcolepsy” and a second session, in which questions prepared in advance by patients, will be discussed together with physicians and scientists.

In addition to the traditional awards for the best presentation and poster, the EU-NN is honoured to present for the first time the “European Narcolepsy Award” to Professor Emmanuel Mignot (USA) and Prof. Masashi Yanagisawa (Japan) for their outstanding research contributions to the field of narcolepsy.

We very much look forward to welcoming all of you to the beautiful city of Bern in May 2019.

Warm Regards,

Prof. Claudio Bassetti
President of the European Narcolepsy Network
SATURDAY, 18TH MAY 2019

08.30 Registration
09.00 Welcome - C. Bassetti (CH)

SESSION 1 - BASIC SCIENCE

09.15 Genetics of central hypersomnias - M. Tafti (CH)
09.45 Neurobiology of the narcolepsy borderland - M. Schmidt (CH)
10.15 Discussion
10.30 Coffee break

11.00 SESSION 2 - PATIENTS’ SESSION

HOW TO IMPROVE THE QUALITY OF LIFE: WHAT DO WE NEED AND HOW ARE WE GOING TO PROVIDE THAT

13.00 Lunch and Poster
13.30 EU-NN Business Meeting
14.30 SESSION 3

YOUNG SCIENTISTS SESSION (6 TALKS)

15.30 Coffee break

SESSION 4 - YEAR IN REVIEW: NARCOLEPSY

16.00 Basic science - B. Komum (DK)
16.30 Clinical science - R. Khatami (CH)
17.00 Discussion
17.30 EU-NN BOARD meets the extra European guests

12.15 EUROPEAN NARCOLEPSY AWARD (AND LECTURE) 2019

E. Mignot (US)

13.00 Registration

SESSION 5 - CLINICAL SCIENCE

09.00 Clinical features/diagnosis of the narcolepsy borderland - G.J. Lammers (NL)
09.30 Treatment of the narcolepsy borderland - Y. Dauvilliers (FR)
10.00 Discussion
10.30 Coffee break

11.00 SESSION 6

PATIENTS’ QUESTIONS/ANSWERS

12.00 Young Scientist Award - B. Komum (DK)
12.15 Best Poster Award - B. Komum (DK)

12.30 EU-NN BOARD meets the extra European guests

SUNDAY, 19TH MAY 2019

12.15 EUROPEAN NARCOLEPSY AWARD (AND LECTURE) 2019

M. Yanagisawa (JP)

13.15 CLOSING CEREMONY

Narcolepsy Day 2020
International Narcolepsy collaboration
REGISTRATION FEES

Full Congress Fee
Participant 75 €

REGISTRATION FEE INCLUDES:
- Participation to 10th European Narcolepsy Day
- Narcolepsy and its Borderland
- CME credits (n° to be defined)
- Conference materials
- Coffee breaks
- Lunches

www.europeansleepfoundation.ch/events/

CREDITS

An application will be made to EACCME® (The European Accreditation Council for CME)
N° To Be Defined

ONLINE REGISTRATION

AN UNCONDITIONED SUPPORT HAVE BEEN REQUESTED TO:

PATRONAGE:
MEETING VENUE

INSELSPITAL
Universitätsspital Bern
Bern University Hospital

INSELSPITAL
Freiburgstrasse, 18
CH-3010 - Bern (Switzerland)

LOCAL ORGANIZER

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