



3rd Clinical Update Sleep: International Conference 2018

23 February 2018
Royal College of Physicians
London, NW1 4LE

The 3rd Clinical Update Sleep will guide the delegates through the latest developments of sleep medicine, and review the evidence for the diagnosis and treatment of patients with sleep disorders, including obstructive sleep apnoea, hypersomnia, parasomnia and insomnia, as well as circadian rhythm disorders.

Course highlights:

- Keynote Lecture from Prof Meir Kryger, Yale, chief editor of 'Principles & Practice of Sleep Medicine'
 - Clinical update on narcolepsy and hypersomnia treatment, as well as DVLA guidance
 - Recent clinical trials including the SERVE HF trial, the ROSA and the HOT-HMV trial
 - Presentation of the latest ESRS insomnia guidelines
 - Insights into basic science of Circadian Rhythm Disorders and Neurogenetics
 - Sleep disorders and neurodegenerative conditions
- Multidisciplinary approach including Neurology, Psychiatry, Respiratory Medicine and other faculties

[www.guysandstthomasevents.co.uk/
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