

NEWSLETTER

September 2008





CONTENTS

FINAL LIST OF CANDIDATES FOR THE ESRS BOARD AND ESRS SCIENTIFIC COMMITTEE.....	3
CANDIDATE TO HOST THE 2012 ESRS CONGRESS	10
AGENDA OF THE ESRS BUSINESS MEETING	11
8 TH EDITION OF THE PISA SLEEP AWARD	12
APPLICANTS FOR MEMBERSHIP	13
NEW MEMBERS.....	14
OFFICERS OF THE ESRS BOARD	16
SCIENTIFIC COMMITTEE.....	17

Homepage: <http://www.esrs.eu>



FINAL LIST OF CANDIDATES FOR THE ESRS BOARD AND ESRS SCIENTIFIC COMMITTEE

This is the final list in the course of the upcoming Business Meeting in Glasgow, new members for the Board and Scientific Committee will need to be elected.

Nominations to the ESRS Board

According to the bylaws, members of the ESRS Board are elected for a period of two years, and only one additional two-year renewal is possible. Two of the five current ESRS Board members (that is Vice-President and Assistant Secretary) were elected in 2006, whereas the president, the treasurer and the secretary were elected in 2004.

The following nominations were received by this secretary by July 31, 2008:

1. President

- a) **Claudio Bassetti** (Zürich, Switzerland) has accepted to be candidate for president.
Previous activities in the ESRS: Treasurer of the ESRS Board, 2004 – 2008;
 Member of the Scientific Committee of the ESRS, 1998-2002.
- b) No other candidacies have been received by this secretary.

2. Basic Vice-President

- a) **Roberto Amici** (Bologna, Italy) has accepted to be candidate for another two year term.
- b) No other candidacies have been received by this secretary.

3. Clinical Vice-President

- a) **Patrick Lévy**, MD, Msc, PhD (Grenoble, France)
Nationality: French
Position: Professor of Physiology, Joseph Fourier University and Grenoble University Hospital;
 Head of the Rehabilitation and Physiology Department, CHU Grenoble;
 Director of the Hypoxia PathoPhysiology Laboratory (HP2), UJF Inserm ERI17
Address: EFCR, CHU Grenoble, 38043 Cedex, France
Phone: +33-476765516
Fax: +33-476765586
Email: PLevy@chu-grenoble.fr
Expertise and field of interest: Human clinical and basic animal. Field of interest: sleep apnoea, intermittent hypoxia, cardiovascular and

metabolic consequences, cellular and molecular pathways.

Previous activities in the ESRS: Member of the Scientific Committee since 2004, renewed in 2006.

Proposed by: Pierre Philip (Bordeaux, France)

b) **Dirk Pevernagie**, M.D., Ph.D. (Heeze, The Netherlands) has withdrawn his candidacy.

4. Treasurer

a) **Dieter Riemann**, Ph.D. (Freiburg, Germany)

Nationality: German

Position: Professor of Clinical Psychophysiology, section head, Department of Psychiatry and Psychotherapy, Freiburg University Medical Center

Address: Hauptstrasse 5, 79104 Freiburg, Germany

Phone: +49-761-270-6919

Fax: +49-761-270-6523

Email: dieter.riemann@uniklinik-freiburg.de

Expertise and field of interest: Basic human and human clinical. Fields of interest are sleep and psychiatric disorders, cognitive behavioural and pharmacological treatment of insomnia.

Previous activities in the ESRS: Member of the Scientific Committee since 2004.

Proposed by: Geert Mayer (Schwalmstadt-Treysa, Germany)

b) No other candidacies have been received by this secretary.

5. Secretary

a) **Philippe Peigneux**, PhD (Bruxelles, Belgium)

Nationality: Belgian

Position: Professor, Chair Clinical Neuropsychology, Faculty of Psychological and Educational Sciences, Université Libre de Bruxelles (ULB)

Address: UR2NF - Neuropsychology and Functional Neuroimaging Research Unit, Director

Campus du Solbosch, CP191, avenue F.D. Roosevelt 50 B-1050 Bruxelles BELGIUM

Phone: +31-2 650 26 39 (secretary 650 45 81)

Fax: +31-2 650 22 09

Email: Philippe.Peigneux@ulb.ac.be

Expertise and field of interest: Functional neuroanatomy of memory; consolidation and learning - functional neuroanatomy of sleep - fMRI, PET; MEG techniques - circadian effects on cognition - altered states of vigilance.

Previous activities in the ESRS: Member of the Scientific Committee, 2006-2008.

Proposed by: Thomas Wetter (Munich, Germany)

b) No other candidacies have been received by this secretary.

6. Assistant-Secretary

a) **Debra Skene** (Guildford, United Kingdom) has accepted to be candidate for another two year term.

b) No other candidacies have been received by this secretary.

Nominations for the Scientific Committee

The composition of the present Scientific Committee is:

Christian Cajochen, Basel Switzerland (chair) (since 2004)
 Claude Gronfier, Bron, France (since 2004)
 Hanspeter Landolt, Zurich, Switzerland (since 2004)
 Patrick Lévy, Grenoble, France (since 2004)
 Dieter Riemann, Freiburg, Germany (since 2004)
 Philippe Peigneux, Liege, Belgium (since 2006)
 Malcolm von Schantz, Guildford, UK (since 2006)

The members of the scientific committee are elected for 2 years and can be re-elected for an additional two-year term.

The following member of the Scientific Committee is eligible for a second two-year term and has accepted to run for re-election:

1. Malcolm von Schantz, Guildford, United Kingdom (since 2006)

All ESRS members have been invited to nominate candidates according to the rules established by the bylaws. We have 14 new candidates. **The period of acceptance of nominations is now closed.**

2. Rozi Andretic, Dr.sci. (Rijeka, Croatia)

Nationality: Croatian

Position: Assistant Professor

Institution: University of Rijeka, Croatia

Department: Department of Psychology

Address: Omladinska 14, 51 000 Rijeka, Croatia

Phone: +385-51 345-046

Fax: +385-51 345-207

Email: aw.rozi@gmail.com

Expertise and field of interest: Basic animal – Drosophila. Field of interest: genetics of behavior, genetics of sleep, arousal, mechanisms, psychostimulants and sleep, molecular mechanisms of craving.

Nomination: Jason Ellis (Glasgow, United Kingdom)

3. Christian Baumann, M.D. (Zurich, Switzerland)

Nationality: Swiss

Position:

Institution: University Hospital

Department: Neurology

Address: Frauenklinikstr. 26, 8091 Zürich, Switzerland

Phone: +41-44-255 1111

Fax: +41-44-255 4380

Email: christian.baumann@usz.ch

Expertise and field of interest: Neurologist. Interest: narcolepsy etc.

Nomination: Christian Cajochen (Basel, Switzerland)

4. Tom de Boer, Ph.D. (Leiden, The Netherlands)

Nationality:**Position:** Assistant Professor (Universitair Docent)**Institution:** Laboratory for Neurophysiology**Department:** Molecular Cell Biology, Leiden University Medical Center**Address:** LUMS S-05-P, PO Box 9600, 2300 RC Leiden, The Netherlands**Phone:** +31-71-5269771**Fax:** +31-71-5268270**Email:** Tom.de_Boer@lumc.nl**Expertise and field of interest:** Basic animal. Field of interest: sleep homeostasis, circadian rhythms, electrophysiology, electroencephalogram.**Nomination:** Hans-Peter Landolt (Zurich, Switzerland)**5. Colin Espie, BSc, MAppSci, PhD, FBPSS, FCS, (Glasgow, United Kingdom)****Nationality:** Scottish**Position:** Professor of Clinical Psychology, Director of University of Glasgow Sleep Centre, Chair: Sackler Institute of Psychobiological Research**Institution:** Section of Psychological Medicine, Faculty of Medicine, University of Glasgow**Address:** University of Glasgow Sleep Centre, Southern General Hospital, Glasgow G51 4TF, Scotland UK**Phone:** +44-141 232 7860/7696**Fax:** +44-141 232 7697**Email:** c.espie@clinmed.gla.ac.uk**Expertise and field of interest:** Scientific interest: precipitating and perpetuating factors for sleep disorders; the pathophysiology of, and cognitive processes in, psychophysiological insomnia; the association between sleep disturbance and affective disturbance; primary and secondary sleep disturbance (i.e. associated with mental illness, physical illness); sleep disorders in people with intellectual and physical disabilities; cognitive behavioural treatments for sleep disorders; critical mechanisms in CBT and issues of sleep therapy compliance; clinical effectiveness and community delivery models.**Nomination:** Christian Cajochen (Basel, Switzerland), Malcolm von Schantz (Guildford, United Kingdom)**6. Paul Franken, Ph.D. (Lausanne, Switzerland)****Nationality:** Dutch**Position:** Maître d'enseignement et de recherché (MER)**Institution:** Center for Integrative Genomics**Department:** Faculté de biologie et de médecine, University of Lausanne**Address:** Genopode Building, CH - 1015 Lausanne, Switzerland**Phone:** + 41-21692 3972**Fax:** + 41-21692 3965**Email:** Paul.Franken@unil.ch**Expertise and field of interest:** Basic animal. Field of Interest: Sleep homeostasis, Circadian rhythms, Genetics, Transcriptomics, Clock

genes, Energy metabolism, and Quantitative EEG analysis.

Nomination: Hans-Peter Landolt (Zurich, Switzerland), Christian Cajochen (Basel, Switzerland)

7. Reto Huber, PhD, (Zurich, Switzerland)

Nationality:

Position: Prof. SNF

Institution: University of Zurich

Department: University Children's Hospital Zurich

Address: University Children's Hospital Zurich, Steinwiesstrasse 75, CH-8032 Zurich, Switzerland

Phone: +41-44-266 81 60

Fax: +41-44-266 71 65

Email: Reto.Huber@kispi.uzh.ch

Expertise and field of interest: Basic human and animal research

Nomination: Peter Achermann (Zurich, Switzerland)

8. Dieter Kunz, (Berlin, Germany)

Nationality: German

Position: Head of Department of Sleep Medicine

Institution: Charité

Department: Department of Sleep Medicine

Address: Charité, Berlin

Phone: +49-30 2311 2900

Fax: +49-30 2311 2913

Email: dieter.kunz@charite.de

Expertise and field of interest: Psychiatrist. Interest: melatonin, shift work, psychiatric disorders and sleep, clinics.

Nomination: Christian Cajochen (Basel, Switzerland)

9. Lino Nobili, MD, PhD (Milan, Italy)

Nationality: Italian

Position: Clinical Neurophysiologist, Senior Scientist

Institution: Niguarda Hospital

Department: Centre of Sleep Medicine, Centre for Epilepsy Surgery "C. Munari", Department of Neuroscience

Address: Centre of Sleep Medicine, Centre for Epilepsy Surgery "C. Munari", Department of Neuroscience, Niguarda Hospital, Milan, Italy

Phone: +39-0264442917-2918

Fax: +39-0264442868

Email: lino.nobili@ospedaleniguarda.it; linonobili@yahoo.it

Expertise and field of interest: Clinical and basic human research

Nomination: Peter Achermann (Zurich, Switzerland)

10. Sebastiaan Overeem, MD, PhD (Heeze, the Netherlands)

Nationality: Dutch

Position:

Institution: Centre for Sleep-Wake Disorders "Kempenhaeghe"

Department:

Address: PO Box 61, 5590 AB, Heeze, the Netherlands

Phone: +31-40-227 91 11
Fax: +31-40-227 92 35
Email: OvereemS@kempenhaeghe.nl
Expertise and field of interest: Sleep medicine specialist & senior researcher. Basic human & human clinical. Field of interest: Narcolepsy, cataplexy, hypocretin, orexin, neurophysiology.
Nomination: Dirk Pevernagie (Heeze, The Netherlands)

11. Thomas Penzel, Prof. Dr. (Berlin, Germany)

Nationality: German
Position: Research director
Institution: Charité University Hospital Berlin
Department: Interdisziplinäre Sleep Center
Address: Luisenstrasse 13, D-10117 Berlin
Phone: +49-30-450513013
Fax: +49-30-450513906
Email: thomas.penzel@charite.de
Expertise and field of interest: Basic human sleep research. Field of interest: autonomous nervous system, sleep apnea, biosignal analysis.
Nomination: Ingo Fietze (Berlin, Germany)

12. Christelle Peyron, PhD (Lyon, France)

Nationality: French
Position: Chargée de recherche CR1
Institution: UMR 5167 CNRS- Université Claude Bernard-Lyon1, Lyon, France
Address: Faculté de Médecine Laennec, 7 rue Guillaume Paradin, 69372 Lyon cedex 08- France
Phone: +33 478 77 10 42
Fax: +33 478 77 10 22
Email: peyron@sommeil.univ-lyon1.fr
Expertise and field of interest: Basic animal (+/- basic human). Hypocretin/orexin, Narcolepsy, Melanin concentrating hormone, molecular biology, neuroanatomy.
Nomination: Claude Gronfier (Lyon-Bron, France)

13. Renata Riha, BMedSc RPSGT MBBS FRACP MD FRCPE (Edinburgh, United Kingdom)

Nationality: Czech and Australian
Position: Consultant in Sleep and Respiratory Medicine, Hon. Senior Lecturer, University of Edinburgh
Institution: University of Edinburgh
Address: University of Edinburgh, Royal Infirmary Edinburgh, 51 Little France Crescent, Little France EH16 4SA, Scotland.
Phone: +44-1312423882
Email: rriha@hotmail.com, rriha1@staffmail.ed.ac.uk
Expertise and field of interest: Sleep apnoea; parasomnias; education; genetics; cardiovascular effects of sleep apnoea
Nomination: Jim Horne (Leicestershire, United Kingdom)

14. Joan Santamaría, MD, (Barcelona, Spain)

Nationality: Spanish
Position: Assistant Professor of Neurology, Medical School of Barcelona, University of Barcelona; Multidisciplinary Sleep Unit co-ordinator, Hospital Clínic of Barcelona; Head of the EEG and sleep laboratory of the Neurology service, Hospital Clínic of Barcelona
Institution: University of Barcelona, Hospital Clínic of Barcelona
Department: Neurology
Address: Neurology Service, Hospital Clínic de Barcelona, C/ Villarroel 170, 08036, Barcelona SPAIN
Phone: 34-93-2275413
Fax: 34-932275783
Email: jsantama@clinic.ub.es
Expertise and field of interest: Human clinical expertise; sleep disorders in neurological diseases.
Nomination: Isabelle Arnulf (Paris, France), Birgit Högl (Innsbruck, Austria)

15. Sophie Schwartz, PhD (Geneva, Switzerland)

Nationality: Swiss
Position: Group leader (Reader)
Institution: Laboratory for Neurology and Imaging of Cognition
Department: Department of Neurosciences
Address: Department of Neurosciences, University Medical Center (CMU), 1 Michel-Servet - 1211 GENEVA, SWITZERLAND
Phone: +41-22 379 5376
Fax: +41-22 379 5402
Email: sophie.schwartz@medecine.unige.ch
Expertise and field of interest: Basic animal, basic human or human clinical. Interest: human clinical/cognitive. Keywords: functional brain imaging, cognition, emotion, memory, dreaming.
Nomination: Philippe Peigneux (Bruxelles, Belgium)

16. Karine Spiegel has withdrawn her candidacy, as it had been submitted to this secretary without her definite support.

17. Gianluca Ficca has also withdrawn his candidacy.



CANDIDATE TO HOST THE 2012 ESRS CONGRESS

All ESRS members have been invited to nominate candidates to host the 2012 ESRS Congress. The period of acceptance of nominations was closed on Aug 31, 2008.

The following application has been received by this secretary:

A. French Sleep Society

Société Française de Recherche et de Médecine du Sommeil (SFRMS)

- | | |
|--------------------------|---|
| 1. Place: | Paris |
| 2. Local Organizer: | Pr D. Leger - Pr MP d'Ortho - Dr MF Vecchierini |
| 3. Proposed dates: | December 2012 |
| 4. National Society: | SFRMS |
| 5. Scientific Committee: | P Philip - P Levy - PH Luppi |

B. No other candidacies have been received at this secretary



AGENDA OF THE ESRS BUSINESS MEETING

Date: Sept 11th, 2008, 5.15 p.m.

Venue: Convention Centre of Glasgow

1. Opening by the President of the ESRS
2. Determination of the Election Assistance
3. Acceptance of the Minutes of the Previous Business Meeting
4. Report of the President
5. Report of the Secretary
6. Report of the Assistant Secretary
7. Report of the Vice-President
8. Report of the Treasurer
9. Report of the Assembly of National Sleep Societies
10. Report of the JSR Editor
11. Discharge of the Board
12. Election of the Members of the Board of Officers
13. Election of the SC
14. Determination of the Amount of the Membership Fees
15. ESRS Congress 2010
16. ESRS Congress 2012 (Proposal and Voting)
17. Miscellaneous



8TH EDITION OF THE PISA SLEEP AWARD

The 8th Edition of the Pisa Sleep Award has taken place this year. According to the unanimous proposal by the Scientific Board, the winner is Professor Irene Tobler, who gave her Magistral Lecture “ How do waking activities influence sleep?” at the University of Pisa on June 5, 2008.

Irene Tobler, whose outstanding contributions to the development of sleep medicine and science are recognized worldwide, joins this edition the past award recipients, who were Michael Jouvet (1994), Elio Lugaresi (1996), Alexander Borbely (1998), David Parkes (2000), Torbjorn Akerstedt (2002), Peretz Lavie (2004), and Giulio Tononi (2006).

Members of the Scientific Board of the **Pisa Sleep Award 2008:**

Thomas Pollmächer	President European Sleep Research Society, Ingolstadt
Irene Tobler	Past-President European Sleep Research Society, Zurich
Franco Ferrillo	President Italian Association of Sleep Medicine, Genova
Marco Pasquali	Cancellor University of Pisa
Piero Salzarulo	Department of Psychology, University of Firenze
Luigi Murri	Dean Faculty of Medicine, University of Pisa



APPLICANTS FOR MEMBERSHIP

Vanja Hommes
Philips Consumer Lifestyle, Drachten, The Netherlands
Sponsor: M. Gordijn

Maria José Jurado Luque
Valle Hebron Hospital, Barcelona, Spain
Sponsor: O. Romers

Amely Wahnschaffe
Institut für Physiologie, Berlin, Germany
Sponsor: D. Kunz



NEW MEMBERS

The Society welcomes the following new members whose application was announced in the Newsletter August 2008.

Claudio Aldaz, MD

Sleep Department, Sanatorio Britanico, Paraguay 40,
2000 Rosario, Argentina
phone: +54 341 420 5526, fax: +54 341 420 5526
e-mail: claudioaldaz(a)gmail.com

Linda Bakken, Cand. Sand

Dept. of Behavioural Sciences in Medicin, University of Oslo, Buskeroo University
college
POBox 7053, 3007 Drammen, Norway
phone: +47 32 206400, fax: +47 32 206410
e-mail: linda.bakken(a)hibu.no

Christian Baumann, MD

Neurology, University Hospital, Frauenklinikstr. 26,
8091 Zurich, Switzerland
phone: +41 44 255 1111, fax: +41 44 255 4380
e-mail: christian.baumann(a)usz.ch

Thomas Britton, Dr.

Neurology, Kings College Hospital, Denmark Hill,
SE5 9RS London, United Kingdom
phone: +44 20 7935 5618
e-mail: thomas.britton(a)kcl.ac.uk

Emma Cope, MSc

Faculty of Health and Medical Sciences, University of Surrey, Duke of Kent Building,
GU2 7TE Guildford, United Kingdom
phone: +44 1 4836 84622
e-mail: e.cope(a)surrey.ac.uk

Michaela Dreetz Gierstad, PhD, MD

Dept. of Neurology, University Hospital Stavanger, Arm Hansens vei PB 8100,
4068 Stavanger, Norway
phone: +47 99 25 9798
e-mail: gjmi(a)sus.no, michaela.gierstadt(a)lyse.net

Bela Faludi, MD, PhD

Department of Neurology, University of Pécs, Rét st.. 2, H-7623 Pécs, Hungary

Phone: +36 72 535 900, fax: +36 72 535 911
e-mail: bela.faludi(a)aolc.ptc.hu

Christian Nicholas, BSc

Sleep Research Laboratory, Department of Psychology, University of Melbourne, VIC,
9010 Melbourne, Australia

phone: +61 3 83 444 549

e-mail: cn(a)unimelb.edu.au

EUROPEAN SLEEP RESEARCH SOCIETY OFFICERS OF THE ESRS BOARD

President: Prof. Dr. Thomas Pollmächer
Zentrum für psychische Gesundheit
Klinikum Ingolstadt GmbH
Krumenauerstraße 25
D-85049 Ingolstadt, Germany
phone: +498418802200
fax: +498418802209
email: thomas.pollmaecher@klinikum-
ingolstadt.de

Vice-President: Prof. Roberto Amici
Dept. of Human and General Physiology
University of Bologna
Piazza P.ta S.Donato, 2
I-40126 Bologna, Italy
phone: +390512091735
fax: +39051251731
email: roberto.amici@unibo.it

Secretary: Diego Garcia-Borreguero, MD
Sleep Research Institute
Alberto Alcocer 19
E-28036 Madrid, Spain
phone: +34913454129
fax: +34913509593
email: dgb@iis.es

Asst.Secretary: Prof. Debra Skene
Head of Neuroendocrinology Research Group
School of Biomedical and Molecular Sciences
University of Surrey
Guildford GU2 7XH, United Kingdom
phone: +44(0)1483689706
fax: +441483686401
efax: +448701399175
email: d.skene@surrey.ac.uk

Treasurer: Prof. Claudio Bassetti
Leiter der Neurologischen Poliklinik
Universitätsspital Zürich
Frauenklinikstr. 26
8091 Zürich, Switzerland
phone: +4112555503
fax: +4112554649
email: claudio.bassetti@usz.ch

Member Co-opted from ANSS:
Prof. Dr. Dirk Pevernagie
Sleep Medicine Centre Kempenhaeghe
Sterkselseweg 65
5590 AB HEEZE, The Netherlands
phone: +31402279524

fax +31402279111
email: Dirk.Pevernagie@UGent.be

Advisory Members:

Past President: Prof. Dr. Irene Tobler
Institute of Pharmacology and Toxicology
University of Zürich
Winterthurerstrasse 190
8057 Zürich-Irchel, Switzerland
phone: +4116355957
fax: +4116355707
email: tobler@pharma.unizh.ch

Organizer of the previous ESRS meeting:

Birgit Högl, M.D.
Department of Neurology
Innsbruck Medical University
Anichstr. 35
6020 Innsbruck, Austria
phone: +43 512 504-23811, -81172, 23890
fax: +43 512 504-23842
email: birgit.ho@i-med.ac.at

Dirk Pevernagie, MD, PhD
Sleep Disorders Center and Department of
Respiratory Diseases, University Hospital of
Gent
De Pintelaan 185
9000 Gent, Belgium
phone: +3292402601
fax: +3292402341
email: Dirk.Pevernagie@UGent.be

Members at large:

Prof. Peretz Lavie
Faculty of Medicine
Technion-Israel Institute of Technology
Efron Street 1
Bat galim
Haifa 30096, Israel
phone: +972544706020
fax: +97248343934
email: plavie@tx.technion.ac.il

Prof. Mary Carskadon
Sleep Research Laboratory
Bradley Hosp./Brown Univ. Sch. of Medicine
1011 Veterans Memorial Parkway
RI 02915 East Providence, USA
phone: +14014219440
fax: +14014533578
email: mary.carskadon@brown.edu

SCIENTIFIC COMMITTEE

Chair:

Christian Cajochen
Basel, Switzerland

Members:

Claude Gronfier
Bron, France

Hanspeter Landolt
Zürich, Switzerland

Patrick Levy
Grenoble, France

Dieter Riemann
Freiburg, Germany

Philippe Peigneux,
Liege, Belgium

Malcolm von Schantz
Guilford, United Kingdom